सामाजिक जवाफदेहिताका लागि

सामुदायिक अंकपत्र
Community Score Card

सहजीकरण पुस्तिका

सामाजिक जवाफदेहिताका लागि

सामुदायिक अंकपत्र

Community Score Card

सहजीकरण पुस्तिका

; sng tyf ; Dkfbg M a; Gt /fO{

hgj /l @)@)

cGt/fli6o cWoog tyf ; xof]u s]Gb| -; }; L_ gkfn
afn'jf6f/, sf7df8f}+

k|sfzs   M ; 'zf; g kl/of]hgf, c[Gt/fli6o cWoog tyf
              ; xof]u s[b| -;]; L_ g]kfn

l8hf0]g   M lk[G6cn

; jf[wsf/   M k|sfzsdf ; '/If]t

klxnf] ; +:S/0f   M @)&^ k';

मन्तव्य

gkfnsf]kl5Nnf]kl/jlt{tzf; gJoj:yfsf]kl/k|lodf fs'gklg ljsf; sf lsbfsnfk kf/blz{tf / hjfkmb]lxtfnf0{s[b]ljGb'df /fV/'; ~rfng ugk5{eGg]dfGotf; akIfaf6 :jls[t dfGotf g}xf]. o;}dfGotfsf cfwf/df ; /sf/l tyf uV; /sf/l ; 3–; +yfx? ; dIf kf/blz{tf / hjfkmb]lxtf;DjGwL dfu tlj]?kdf cfPsf] s'/f klg ; j{jlbt} 5 . gful/sx?;lu kf/blz{tf / hjfkmb]lxtf dfu ug{ clwsf/ sfg'gn] g} kb[fg u/]sf] / ; fjjhlgs ; +yfx?n] gful/sx?k|lt hjfkmb]lxtf kbz[g ug{nfstGqsf]Ps cwff/e"t l; 4f[6t klg xf]. gful/sx? ; r]t x'g]/ cfkmgf]; /f[sf/ tyf rf; fx? JoQm ug{[qmd lbg kltlbg a9jbf]5 . gkfn ; /sf/sf]ljleGg Plg tyf sfg'gx?n] gful/ssf rf; fx? :yfglo tx tyf; fjjhlgs ; 3–; +yfx?n]; Djfwg ugkkg[Joj:yfnf0{; 'lglZrt u/]sf]5 . log} sfg'gx?sf]cwlgdf /xl gful/sn]; fjjhlgs ; +yfx? ; dIf kf/blz{tf / hjfkmb]lxtfsf]nflu cfkmgf lh1f; fx? /fVg ; Sb5g\.

cGt/f[li6o cWoog tyf ; xofu s[b|; –;]; L_ gkfnn]nfdf]; dob]v eli6frf/ Go]gls/0fsf nflu kf/blz{tf / hjfkmb]lxtf klj4g ug{:yfglo ; femlpf/ ; +yfx?;lu ljleGg ls'bfsnfkx? ; ~rfng ub{cf0/x]sf]5 . o; cGtu{t :yfglo ; femlpf/ ; +yfx?sf]kf/blz{tf / hjfkmb]lxtf klj4gsf nflu Ifdtf ljsf; ; klg ub[cf0/x]sf]5 . :yfglo :t/df ; fdflhs hjfkmb]lxtfsf]ljleGg ; +Gq tyf cfhf/x? kbjlsf nflu ; femlpf/; +yfx?nf0{k[ljlws tyf cfly{s ; xofu kbfg ub[cfPsf]5 . ljz]lfu/L ; xeflutfdlns ofhgf th{df klsf, ; fdflhs tyf ; fj[blgs n]vfk/LIf0f, ; fj[blgs ; 'g'jf0{; u'jf; flj] Joj:yfkg k[ffnL, ; fj[blgs vr{ k5bf0{; flwvfh, ; fdbflos c; skq, gful/s k|ltjbg kq cfllb ljleGg kf/blz{tfsf]; o+Gqx? kbfp ug{tyf u/fpg ; xofu ub[cf0/x]sf]5 . To;}p/L ; 'rgfsf]xs, ah|

kf/blz{tf, v'hf tYofĺ tyf gful/s a8fkq k|j4gsf nflu klg ;+yfn] sfd ub|cfPsf] 5 .

o;} ; Gbe{df ;+yfn] sfofȥjog ul//x|sf] gkfndf ;fj{hlgs hjfkm|b]xtfsf nflu k|jlwsf] lbuf] kbf|u -; 'zf; g_ kl/ofȑgf dfkm|t klg ; fdbflos lj Bfnosf|z]lfs u0f:t/sf nflu ; fdbflos cȿkqsf] kbf|u ul//x|sf] 5 . o; cl3 kbf|u ePsf] ; fdbflos cȿkqn]lj leGg lhNnfsf lj Bfnodf z]lfs u0f:t/ ; Wf/ ug{ ; xofȥu k¥ofPsf] kȿdf0fsf cfwf/df k'gM o; cȿkqnf0{ ; fdbflos lj Bfnodf kbf|u ul/Psf] xf] . o; n] pQm lj Bfnox?sf] ; du| z]lfs ; Wf/ x'g] ck|lff ul/Psf] 5 . h; sf] nflu kl/ofȑgsf lfqlo ; ofȑs a; Gt /f0h] tof/ ugȿePsf] o; ; fdbflos cȿkq ; xhls/0f k1:tsfn] kl/ofȑgfsf ; fembf/ ;+yf nufot cȑo ;+yfsf ; fdbflos cȿkq cEof; stf{x?nf0{ kȿfjsf/L sfofȥjogsf] nflu ; xofȑu kUg] cfzf lnPsf] 5' .

; ltf/fd e§
/fli6o lgb|zs

धन्यवाद ज्ञापन

c\uh|sf] ueg[; -zf;g_ zAb ;jk]yd u|s efiffsf] s'a]dfcf] (kubemao) zAbaf6 cfPsf]xf] . h;sf] cy{xG5M 8\uf h:t}lvofpg\U (to steer) . To;}h|, zf;g eGgfn] Tof] k|s\bfnf0{ a'emfp5 h;n] /fHosf] sfdsf/jfxlnf0{ 8\uf lvofP h:t} cufl9 a9fP/ n}hf]G5 . k|rlg sfnsf u|s bfz\gs Kn|bfh] klg zf;g zAbsf] kpflu u/]sf lyP . zf;g;DjGwl ; flxTosf] glhsaf6 cWoog ubf{of] zAb ljZj a]ssf]; g\!(*(jflif\s k|tj]bgaf6 a9l k|rngdf cfPsf]kf0G5 . pQm k|tj]bgdf ; a−; xf/g clkh|sfsf]af/bf pNn]v ul/P cg'; f/ /fHosf] sdhf]/ e'dsf / o;sf k]efjljlxg\; ᵼyfx?n]ubf{ljZj a]sn]To; lf\gdf u/]sf ljsf;sf kbf; x?n] ck]lft pknAwlx? xfl;n ug{ ;sg . To; k|sf/sf]c; kmtfnf0{k|tj]bgn]zf;gsf]; ᵼs6 (Crisis of Governance) sf] ?kdf lrq0f u\ofof] . To; kl5 ;ᵼf/sf s'gklg /fi6sf] ljsf; sf] nflu Joj:yfkslo / k|zf;lo zf;g Joj:yfdf ; Wf/ NofPdf dfq ljsf; sf kbf;x? ;kmn x'g] lgrfᵝ lgsflnof] .

zf;g Joj:yfn]x/}s gful/snf0{ cemvf; u/l dlxnf tyf ;dfGts[t juh|nf0{ ;dGglt / ; d|4sf] lbzf tkm] 8fᵞofpg' kb5 eGg] dfGotf nf:stflGqs tyf sNof0sf/l /fHo Joj:yfn] lnPsf] xG5 . zf;g Joj:yf r':t b?:t x'gsf nflu ; 'zf;g Ps clgjfo{zt{xf]. g]kfnsf] ; ᵼjwfg @)&@ n] o; sf] kl/sNkgf ub]{sfg'gl ; xhtsf] nflu v"nf u|sf] 5 . efᵼ6fnf/{ Go'glS/0f u/l ; 'zf;g sfod ug[sf nflu gkfn ; /sf/n] ljleGg sfg'gl Joj:yfx? u/]sf] 5 . ; 'zf;gsf nflu gful/ssf cy[Of{; xeflutf, hjfkmb]]xtf, kf/blz[tf tyf ; 'rgfdf ;xh kx'r cfwf/e"t tTjx? x'g .

; fdflhs hjfkmb]]xtfsf cEof; stf{x? tyf ; fdbflos c;kqsf ; xhtf[x?nf0{o; ; xhls/0f kl:tsfn] ; xof]u k"ofpg] 5 eGg] cfzf lnPsf] 5' . kl:tsfnf0{ k|sfzgsf cj:yf; Dd NofOk"ofpg

;}; l g|kfnsf| ; 'zf; g kl/ofhgf; u ; DjlGwt sd{rf/lx?, :yfglo
; fenpf/ ; +yfsf sd{rf/lx? tyf ; 'zf; g ljifosf hfgsf/x?sf|
lj zij of|ubfg /x|sf| 5 . ; jk|yd njvg, ; sngsf| tyf ; Dkfbgsf|
lhDdf lng' ePsf|df ; 'zf; g kl/ofhgfsf Ifglo ; ofhs a; Gt
/f0hf0{ ljzjif wGojfb lbg rfxfG5' .

x|d tpa|
l6d ln8/,
; 'zf; g kl/ofhgf

विषय सूचि

r/0f ^   #%–$%
; o0m sfo{ ofhgf cgudg
tyf k'g/fj l0   #%–$%

k|tj]bg 9f'rf $^–$&
; fdbflos cskq sfof{jogsf]
k|tj]bgsf] 9f'rf $^–$&

; Gbe{ ; fdfu] $%

अध्याय १

भ्रष्टाचार र न्यूनीकरणको पहल
(Corruption and Effort of Reduction)

; fdfGo cydf 'e|i6Ú / 'cfrf/0fÚ b0{ zAbaf6 e|i6frf/ zAb ag]sf] xf] . e|i6frf/ ; zf; gnf0{ cj/fw ug] ef0/; sf] ?kdf lng] ul/G5 . ; fdfGo cydf unt cfrf/0f, ljrf/ / Jojxf/nf0{ e|i6frf/ elgPklg sfg'gL b|i6df ; a}unt cfrf/0f, ljrf/ / Jojxf/ e|i6frf/ xb|g . ; fj|hlgs kb wf/0f u/]sf JolQ lm] sfg'gn] lgifw u/]sf] sfo{ ug{ tyf sfg'gn] ug{ egl tfs]s]sf] sfo{ gug{ e|i6frf/ xf] . ljZj a}sf] kl/efiff cg'; f/ cfkmgf] JolQmut nfesf] nflu ; fj|hlgs kbsf] b'?kof]lu ug{ e|i6frf/ xf] .

gkfndf e|i6frf/sf] h/f] gkfn Psls/0f k}ê|blv g} emflub} cfPsf] b|vG5 . ; ?; ?df zf; sn] b[zsf] ?k6¿6l cfkmgf] JolQmut kb[udf nufpg] dfhd:tldf p8fpg] ub[y] . Toltahf s;]h] To; sf] lj/fw ug[; fdYo{ /fVb}gy] . t/ 0ltxf; sf] qmd;[u} hgtfsf] x}/f0f{/ a'emf0{{km's ?kdf ljsl;t xb}{cfof] . '/fHofsf] ; DklQ s'g} /fhf dxf/fhfsf] klj f xb g hgtfsf] gf; f] xf]Ú eGg ; f]rsf] ljsf; ; u} e|i6frf/ lgoGq0fsf nflu kxn ePsf] b|vG5 . o; sf] k[efj lj:tf/} zf; sdf klg k¥of] / /fHo :t/af6 klg e|i6frf/ lgoGq0fsf] kxnx? ; ? eP .

gkfndf e|i6frf/ lgoGq0fsf nflu /f0ff zf; gsfn ; ? ePkl5 lj=; = !(!) df ag]sf] d'h'sl Pgn] klxnf] k6s 3'; lj?4sf] sfg'g agfP/ e|i6frf/ lgoGq0fsf nflu /fHon] kxnsbdL lnPsf] b|vG5 . /fhf ; '/}lb zfxsf kfnfdf /f0ffn] sd[rf/L tGqdfly lgoGq0f ug{ of] sfg'g agfPsf] lyof] . Pgdf '3'; , l/; j t gvf0f{ cfkml' la/fg' g5'6bf0{ lg; fkm ug¥of n]vofsf] s/f 5f8l hfgl hfgl cwd{ ul/ hf] kl5 lg; fkm unf{ oxff /fhb08df knf{ d¥ofkl5

Hofd/fh b08df knf[elg Joj:yf ul/Psf] lyof] . ; f] P[gdf xfl:sdx?nf0{klg sfdk]t pQ/bfloTj axgsf nflu xfl:sdsf gfpl]df s/fpg]sf] dxnsf]Joj:yf lyof] . h; df pkNnf]bhf[sf] sd[rf/Ln]3'; vfPsf] b]vPdf ph'/L lbg kfpg], c8§ffdf 7f8}ph'/L btf{x'g], lg0f[p kl:tsfdf xfl:sd, cl; :6)6\ kmj6jfnfn] ; d]t cfkmlgf] /fo nVg' kg[/ lg0f[p pN6]sf]v08df xfl:sd, cl; :6)6\/ kmj6jfnfaf6 qmdzM^), #) / !) k]tzt Ifltk]t{egkg[Joj:yf /flvPsf] lyof] . ; fy}vr[sf] jf:tljs lx; falstfa s'df/L rf]sdf a'emfpg' kg[/ a'emfpg g; s]sf] v08df hl/jgfaf6 c; 'h pk/ ug[kfjwfg /flvPsf] lyof] .

klhftflGqs k'gM:yfkgfkfkl5 gkfndf 3'; / el6frf/lj?4 5'§} sfg'g th[df ePsf] kf0O5 . k~rotL ;Kjwfgsf] @)#@ df ;Kfwg, clVtof/ b'?koflu lgjf/0f cfof]usf] kl/sNkgf u/L @)#$ df lgodfjnl lgdf0f u/L ToxL;fn dt; / ! ut] cfof]usf] :yfkgf ul/of] . cfof]unf0{ph'/L Ing], cg'; Gwdf ug[, d2f btf{ ug[; 'g'jf0{ ug[/ lg0f[p ug[clwsf/df lb0Psf] lyof] . @)$& sf] ; Kjwfgkl5 ; 'g'jf0{ ug[clwsf/ Gofononf0{lb0of] .

gkfndf el6frf/lj?4 sf/jfxL ug[Joj:yfsf] ; +yfut ljsf] @)$& kl5dfq ; ? ePsf] xf] . el6frf// lgoGqg0f ug{ 'el6frf/ lgjf/0f P]g @)%(O sf] Joj:yf u/L nfu' ul/Psf] 5 . h; df pNn]v ul/Psf] el6frf/sf] kl/efiff];; +If[t ?k o; k|sf/ / 5 .

æs'g} /fi6«]ljs ; fjhlgk kb wf/0f u/]sf sd[rf/L jf JolQmn] b]z / hgtfsf nflu cfjZos ; fjhlgk ;]jf kjfx ug[qmddf cfkmgf] kbsf] b?koflu u/L JolQmut kmf0bf x'g] / ; fjhlgk xfglgf;§; fgL x'g] sfd ub6 egl ToxL sfo{g}el6frf/ xf] .Æ

gkfndf el6frf/n] kf/]sf] c; /M
- ; 'zf; g sfod ug'df c; kmntf / afwf
- ; Qfck/fwsf] ; +s[t xfl:
- sfg'gl zf; gf0{a]jf:tf ul/Psf]
- ; fdflhs Gofonf0{3ft / dfg] clwsf/sf] pn[3gÙ
- ; fjhlgk kko]lutfsf] u0f:t/xl:gtf / hgtsf] lhpwgsf]cgfjZos Ifti
- ; z:q åGåsf] kl:0ffd e©b}; fdflhs Gofo hg; fwf/0fsf] kxfraflx/ k+fof0Psf]
- sfg'gl zf; gsf] pkxf; .

असल शासन (Good Governance)

gkfndf /fhg]ts ljsf; qmd;¿}
/fHoåf/f ul/g] zf;gnf0{ c;n /
v/fadf dNofÍg ug[kl/kf6Lsf]ljsf;
ePsf] 5 . o;/L /fHoåf/f ;~rflnt
zf;g hglxtdf x'g' jf /fdf[zf;g
Joj:yf x'g' g} ;fdfÍo cydf c;n
zf;g xf] . c;n zf;gsf] ;j{ofkl
kl/efiff ul/Psf] 5g . /fHoåf/f
zf;g ;~rfng ubf{jf ;}jf kjjfx ubf{
hg; xeflutfÍds ljlwaf6 kf/bzl{
hjfkmb]kl 9'n] zf;g ;¿fng ug{jf
;}jfkjjfx ug{ g} ;f}rf] cydf c;n
zf;g xf] .

c;n zf;gsf] ;'¿sM

c;n zf;g kfl1s ljifo jf bz{g
xg . of]cg'e't ug[ljifo xf] . ; dfh
/ /fHon] c;n zf;g ePsf] cg'e't
u/]sf]x'g' kb}5 . /fHosf] zf;gsf]u0f / bf[f s]hfpg ; lsg]ljifo
xf] . of] dfkg ug{ ; lsG5 . o;sf nflu dfkg ; 'rsx? agfP/
dfkg ug{ ; lsG5 . c;n zf;g dfkgsf nflu cfjZos ; 'rssf
pbfx/0fx? lgDg lnlvt ljifox? x'g ; Sb5g\ .

- ; fj[hlgs ; jjsf] u0f:t/ M /fHoåf/f kjfg ug] ; jjf, To; sf]
  kquof cflb s:tf] 5 ; fsf] cfwf/df zf;g u0f:t/ dfkg ug{
  ; lsG5 . of] ; /n / ; j{ fwf/0fsf] kxªrdf x'g' kb5 .

- /fli6o pTkfbg / ljt/0f M /fli6o pTkfbg / kfsltts ; fjtsf]
  ; dfg ljt/0f / To; sf] kfÍtldf gful/ssf] ; /n kxªr x'g'
  c;n zf;g ePsf] dfÍg ; lsG5 .

- ; [tsf] Joj:yfkg M /fli6o tyf cGt/fli6o ; [tsf] j14dtfk'j[s Joj:yfkg, ; [tsf] lg/Gt/tfsf] Joj:yfkg h:tf sfo{ x'g' klg c; n zf; g xf] .

- ; j[hlgs rf; f] / hg; xeflutf M ; /sf/n] k[ofg ug{ ; j'f / zf; g ; rfngdf hgtfsf] rf; f] x'g', hg; xeflutfnf0{ dxTj lbg', ; rf/sf] :jtGqtf x'g' klg c; n zf; g ePsf] dfGg ; ls0G5 .

- ; Gt'lnt ljsf; M /fHon] ef]uf[]ns, hftlo a; faf; , n}·s ; a} lfgdf ; dfg ljsf; u/\sf] 5 eg] c; n zf; gsf] ; 'rs dflg0G5 .

- cj; /sf] pkof]u M /fHoåf/f k[ofg ug{ ; j'f, /fHoåf/f lb0g] /fli6o tyf cGt/fli6o cj; /x?df ju{, ln·, hfltotf s'g} klg ljeb] gu/L cj; / ; dfg?kdf k[ofg ug{ c; n zf; gsf] csf[; 'rs xf] .

/fHoåf/f k[ofg ul/g] x/]s k[sf/sf ; ljfx? ; /n / ; xh ?kdf k[fKt x'g' kb{5 . ljgf emGem], ; xh b:t/df ; jf k[fKt ug{ gful/ssf] clwsf/ xf] . o; sf nflu gful/sn] cfkmh] k[fKt ul//x]sf] ; jfsf] dfkg ug{ tyf zf; g / ~rfng / ; jf kjjfxdf hg; xeflutf j|4 ub]{kf/blz{tf / hjfkmb]xtfsf] ljsf; u/L c; n zf; g sfod ug{ kb{5 . of] gful/s / /fHo bj]sf] bfloTj xf] .

अध्याय २

पारदर्शिता र सामाजिक जवाफदेहिता
(Transparency and Social Accountabilty)

पारदर्शिता (Transparency)

nf|stflGqs zf; g Joj:yfdf ; fj|hlgs dxTjsf x/|s laifodf gful/snf0{ ; fj|hlgs dxTjsf ; a} ljifodf ; '\Irt x'g kfpg| clwsf/ xG5 . /fHon| ; rfng ug| ; j|hlgs rf; f|sf ljifodf ; a]|yfxf kfpg| u/l ; ~rfng ug{kb|5 . /fHoåf/f ; ~rfng ul/g| ; fj|hlgs dxTjsf sfo(x? ; a]| ; xh} yfxf kfpg| u/l zf; g ; ~rfng ug{g} kf/blz{tf xf| .

/fHon| kjjfx ug| ; jjf / vr|ug| ljlw k|lqmof cflbaf/| ; a} gful/sn| ; xh};'rgf k|fKt ug{kfpg' kb|5 . h; sf sf/0f gful/s ; xeflutfdf j|4 xG5, ; /sf/sf sfo{ ; do cg's'n Joj|:yt / ; /n aG5 / ; /sf/L pQ/bfloTjsf] lasf; xG5 . ; fy} e|i6frf/ Go'glls/0f e0{ /fHosf] zf; g ; ~rfngdf c;n zf; g sfod xG5 . ; fj|hlgs kb wf/0f u/|sf JolQm tyf sdf{/ln| cfkm|gf] ; DklQ ljj/0f ; /sf/nf0{ a'emfpg' kg| sfg'gl Joj:yf 5 . of| kf/blz{tfsf] Pp6f pbfx/0f xf| .

kf/blz{ /fHo Joj:yfdf gful/snf0{ ; fj|hlgs lg0f{baf/| kof{Kt hfgsf/l lbOG5 / s'g} s'/f uf|Ko /flvb}g . ; /sf/n| gful/sx?sf|lxt / sNof0fsf nflu s|sfd ub|5 eg|/ hfGg| clwsf/ xf|, ; a}sf| xG5 . hgtfåf/f pglx?s}nflu ag|sf| ; /sf/n| plrt 9. n| sfd u/|sf] 5 ls 5}g, To; sf glt tyf sfo(qmd plrt 5g\ ls 5}gg\ / ; fj|hlgs kbflwsf/lx?af6 plrt 9. n| sfd e0{x?sf] 5 ls 5}g eGg| s'/f| ; /sf/sf] kf|jxf/af6 dfq hfGg ; IsG5 . nf|stflGqs zf; g kf|ffnldf kf/blz{tf hgtfsf] g}lus clwsf/ xf|, ; /sf/sf] OR5fsf] ljifo xf||g .

सामाजिक जवाफदेहिता (Social Accountabilty)

Nff]stGqdf ; /sf/ cfkmgf gful/sk|lt pQ/bfol x'g' kb5 . ; /sf/sf sfd hgtfk|lt pQ/– bfol ?kdf ; ∓fng ul/g' kb5 . gful/sn]/fHonf0{hjfkmb]xl agfpg] ljleGg sfo{; ~rfng ug] ultljlw Pj+tl/sf g}; fdflhs hjfkmb]xtf xf]. ol kbf; x?sf]kjjååsdf ; /sf/, ; ∓f/ df\∖od tyf gful/s ; dfh ; ∓yfx?n] ug] sfo(x? kb5g\ . gkfndf xfn ; /sf/sf x/]s sfdnf0{ gful/sn] glhsaf6 lgofnl/x]sf xG5g\. p; n]kf/blz{tf, hjfkmb]xtf / ; xh ; jjf k|(tl / ; 'rgf;Ddsf] kxf]rsf nflu ljleGg sfo(x? ul//x]sf 5g\ . ; /sf/nf0{ hjfkmb]xl agfpg gful/s ; dfhåf/f ; fdflhs jsfnt, vf]hdf]ns kqsfl/tf, ; fjh(lgs ; 'gjf0{h:tf sfo(ub] cfPsf 5g\ .

; fdlhs hjfkmb]xtf kjj4gsf nflu ; fdbflos cskq nufot ljleGg /rgf023s ; ∓Gq÷cfhnf/x?sf] kbfu ul/Psf] 5 . h; n] /rgf023s 9uaf6 hjfkmb]xtf / kf/blz{tf sfod ub] el6frf/ Go'glls/0fsf nflu oflubfg k¥ofpb5 . h; n] ubf{ gful/sn] /fHon] kbfg ug] ; jjf ; xh tl/sfn] k|(Kt ub5g\eg] csfl/t/ ; [tsf] ; xl pbrt 9· n] kbfu e0{ ck}l]ft k|(tkmn lbG5 .

६

; fdflhs hjfkmb]xtfaf6 lgDg kmObf kfKt xG5 M

!= nf]stGqsf] ; b|9s/0f xG5 .
@= e|i6frf/ Go'gls/0f xG5 .
#= ; /sf/sf] j]wtf / ljZj; lgotfsf] j|4 xG5 .
$= gful/s / /fHo alr ; DjGw ; Wf/ xG5 .
%= ljsf; sfo{; dfg]kflts / ; b|9\xG5 .
^= gful/sdf c°gf] clwsf/ / st]losf] r]tgf ljsf; xG5 .

अध्याय ३

सामुदायिक अंकपत्र
(Community Score Card)

सामुदायिक अंकपत्रको परिचय :

; fdbflos cskq ; dbfodf cfwfl/t kl/ofhgf cyf{t sfo{qmd dNofÍg ljlw÷cfhf/ xf] . o; ljlwdf ;jjf, kl/ofhgf tyf ; /sf/L kzf;lo 0sf0k?sf] ; d]t :yfglo :t/sf] cgudg tyf sfo{ ; Dkfbg dNofsg ; dbfox? cfkmn] ub5g\ . of] ; fdflhs n|vf k/LIf0f, ; fdbflos cgudg / gful/s k|tjbg kqsf] Ps ldl>t k|qmof xf] . o;df gful/s k|tjbg kqdf h:t} sfo{{ ; Dkfbg dNofsg, ; fdbflos cgudgsf] ljlwdf h:t} sfof{sf] cgudg tyf sfo{ :yndf g}lhDddjf/ lgsfo / ; jjfufjxL alr 5nkmnsf] dfWodaf6 sfof{sf] ; sf/ffds / gsf/ffds kIf s}hf0{; dfwfgsf] pkfo lgsflnG5 . ; fdflhs n|vf k/LIf0f sfof{df kbflu x'g] ljlwsf] kbflu ; d]t o;df x'g] ePsfn, of] Ps ; fdflhs hjfkmb]htfsf] xf0la§ cyf{t ldl>t cfhf/ dflgG5 .

o; n] ; jjf kbfosx?af6 ; fdflhs tyf ; fj{hlgs hjfkmb]htf clg ; jjgzlntf kf{Kt ug} ; fwgsf] ?kdf sfo{{ u5{ . o;df ; jjf kbfos / ; dbfosf alrdf k|ToIf cfdg]–; fdg] a¥s klg x'g] ePsf] o; n] t{?Gt kj|7kfjlf0f ; ang ug{ ; xofu k¥ofkf5 / of] ; fdbflos cskqsf] kbflu ; zl0ms/0fsf] alnofn] ; fwg klg xf] . of] kbflondf ¿; dbfoÆ nf0{ ljZjjlf0fsf] 0sf0k\sf] ?kdf kbflu u5{/ of] :yglo÷; jjwf :t/sf] cgudgdf s[ûb]t xG5 . Io; sf/0f, of] ljlwn] ; jjf, kl/ofhgf tyf ; /sf/L kzf;lo 0sf0k? –h:t} ufpkflnsf, gu/kflnsf, ; DjlGwt j8f sfofÍno, lzIff tyf :jf:Yo 0sf0k?_ cflbsf] cgudg / sfo{{ ; Dkfbg dNofsg ; jjfufjxL

८

cfkmfh| ug[s'/fnf0{ ; xhls/0f ub5| . of] Ps ; dbfodf cfwfl/t
;|jf, kl/ofhgfsf] cg'udg / sfo{ ;Dkfbg dNofsg ug[k|qmof
ePsfh|ufdlL0f kl/j}zdf o;sf] kbflu a9l x'g| ;Defjgf /xG5 .

of] Ps r/0fj4 k|qmof xf] . h; cGtu{t ; dbfosf ; b:ox?n]
;|jf k|bfos lgsfon] u/sf sfd sf/jxlx?sf] dNofsg
u5g\ . o;n] ;|jfx?sf] u0f:t/sf] dNofsg dfq ub|g, obl
dNofsgsf] ; dodf klxrfg ul/Psf sdlsdhf/lnf0{ ; d]t ; Wf/
ug{ sfo{ ofhgf tof/ ub5| . o;n] ;|jf k|bfos / ;|jfufrxl
bj|hnf0{Ps csf|sf] lj/ff/ / a'emg] cj; / / d]t k|bfg u5{ h;n] ubf{
bj|hn] Ps csf|sf| s'/nf0{ ; xh tl/sfn| ;]Gg] / ; d:osf] klxrfg
u/l ; dfwfg ug{ ; S5 . o;df ; dbfosf ljkGg / lk5l8Psf
JolQmn] klg cufl8 ; /l] cfkmngf] ljrf/ / km/s dt /fVg kfp5g\ .

; fdbflos cskqn| kmf0bf / ; fjh|lgs vr|sf pknAwlx?sf
af|/df ljle]Gg ;|rsx?df cfwfl/t eP/ :yfglo :t/sf;]jf k|bfossf
sfd sf/jxlx?sf] dNofsg u5{ . pkef0mf jf ;|jfuflx?n]
;|jfk|bfosn] kjjfx ug| ;|jfsf] dNofsg u5g\ . h'g ;|jfk|bfos
lgsfosf| dNofsg e0/x]sf| 5, pglx?n| cfkmfh] klg cfkmfh| kbfg
ul//x]sf| ;|jfsf] dNofsg cfkmh klg ub5g\ . hj ;|jfufrxl /
;|jf k|bfos bj|sf| e0 cfdg]–;fdg| j7|sdf xG5, dNofsgsf|
glthf Pscsfhnf0{ ; 'gf0G5 / 5nkmn ul/G5 . o;n] bj} k{lsf]
alrdf ; lxi0fitf / ; xdlt ljsf; ug{ ; 3fp k[|ofp5 .

सामुदायिक अंकपत्रको उपयोग

; fdbflos cskq k|bfu ug{ k|fljlws hfgsf/l tyf /fdf| ; dbfo
kl/rfng / ; xhls/0f ; lksf] cfjZos kb5| . gfl/s ; dx
tyf gfl/s ; dfh ; +yfx?n] o;sf] k|bfu, ;|jfk|bfosx?af6
; fdflhs hjfkmb]lxtf / ; jbglzntf k[Kt ug[; fwgsf] ?kdf ug[
ub5g\ . ; dbfonf0{ s'g} vf; ljefu, kl/ofhgf jf 0{sf0af6
pglx?n| kfpgkg[;|jfx?kl|t hfu?s agfpg / ;|jfk|bfosx?nf0{
pglx?n| lb0/x|sf| ;|jfaf/l| ;|jfufrxl?sf tkmjf6 k|7kflif0f ug{klg
o;sf] p2Zo xG5 .

; fdbfflos cskqn] ; jfufxl ; dbfo / ; jfkpfos alr l; h(gzln
; jfbsf] klj 4g ub5 / ; fjhlgs ;]jf kljfx, :yfglo kzf; g tyf
; /sf/ ; ~rfngdf gfu]/s ; nUgtfsf] dfu{ ; d]t kz:t u5{ .
kof({t kj]{ tof/L, ; zOm ; dbfo kl/rfng / ;]jfufxl ; dbfo tyf
;]jfkpfos bj)sf] ; xeflutfdf ; rfng ug{; lsP ; dbflos cskq
; dbfo ; zlOms/0fsf] alnof] ; fwg ; d]t a(g ; S5 . o; ljlwn]
;]jsf] u0f:t/ / ; Wf/sf nflu ; fem] sfo(ofhgf agfp5 / ; jfx?sf]
goff dfkb08sf] :t/ lgwf0f ug{; DjlGwwt dflyNnf] ; /fsf] lgsfosf]
Wofgfsif0f klg ub5 . sfbbl]v :yfglo tx; Dd h'g; s]};}fjhlgs
;]jf, kl/ofhgf tyf ; /sf/l kzf; slo 0sf0x?sf] sfof{ Dkfbg
cgudg tyf dNofIg ug{; fdbflos cskqsfl kpfu ug{; lsg]
ePklg :yfglo :t/df ;]jf kpfg ul/xsf kl/ofhgfx? tyf
; fjhlgs ;]jfsf :yaglo 0sf0x?df of]ljlw a9l kefjsf/L xG5 .

kl5Nnf] ; Gbe(df ; 3lo ; fgfsf] zf;lo :jf?k cg'; f/ ljutdf
sbbls]t ?kdf /xsf] zlOm jtldfg ; jjfgl kbz tyf :yaglo
; /sf/fl0sfkfg u/sf] 5 . o:tf] cj:yafdf gful/s / /fHo alrdf
glhs x'g] cj;/ ; / 5 . gful/s / /fHo glhs eof]eg x/;; sf
sfd ; lhnf] xG5 . dfly elgPh:t} gful/s ; jfufxl / /fHo
;]jfkpfos xf] . ; jfufxl / /fHo ; fjkpfos alr5f] b/l hlt glhs
xG5 Totl g}/fHo ; ~rfng ug{; lhnf] xG5 . ; fdbflos cskqsfl
sfof{jjogn] ; jfufxl / /fHo ;]jfkpfos alrsf b/l sd ug{d4t
ub5 .

of] cj; /nf0(hgtfn] cfkm gful/s x'g'sf] clwsf/ cEof; ug{
; 'zf; g klsfdf ; xefu x'g] cj; /sf] ?kdf ; bkofu ub] ; /sf/
nf0(; jfsf u0f:t/ jl4sf nflu lhdDdjf/ agfpg ; lsG5 . t/
pglx?nl cfkmh kfpg] ; jf, ; fjsf u0f:t/, ; jfdf bjvPsf sdl
sdhf/lsf af/df ; r]t gePsf] v08df pglx?n] ; jjfgl ; jf
kpfosnf0(lhmdDdjf/ agfpgsf nflu kzg p7fpg ; Sbg\ . o; n]
ubf{; jjfgl ; jfkpfossf] pQ/bflocj cleljl4 x'g ; Sbg . csf]{
tkmul/a tyf ; ldfGts[t jul{celklg cfkmgf] dfu /fVg / clwsf/

vfHg lxrlsrfp5g\ . o:tf] cj:yfdf ; fdbflos c;kqsf] cEof;
; xof]ul xG5 .

s]xlu/L pglx?n] afh]klg pglx?sf] cfjfhnf0{ g; 'g]ey] ul/G5
/ clwsf//af6 al~rt u/fOG5 . ;]Ht ; fwgsf] ; lldttf jf:tljs
; d:of xf] . t/ cfkmngf] ; /sf//sf] pQm ; d:of cfd gful/snf0{
yfxf xGg . ; fdbflos c;kqsf] dfWodn] ;]jufxlx?n] ; /sf//sf
o:tf ; d:of klg yfxf xG5 / pglx? cfkmngf] ; /sf//nf0{; xof]u
ug{; d]t tof// xG5g\ . t/ ;]jfkbfos lgsfo klg ; do ; dodf
o; klsf//sf dfWodaf6 cfkmngf jf:tljs ;]jufxlx?sf] s'/f ; 'Gg] /
cfdg]--; fdg] a; 'Y ;]jfsf] u0f:t//af//] 5nkmn ug{; tof// x'g' kb5 .

gkfnsf] ;]jwfg @)&@ n] klbz ; /sf] tyf :yfglo
; /sf//nf0{clwsfr ; fjn]lgs ;]jf klbg ug]ñclwsf/ klbg u/]sfh]
;]jufxl;u ; fdbflos c;kqsf] dfWodaf6 cfkml] klbg ug]ñ
;]jfsf] u0f:t//af//] 5nkmn ub]ñ cufl8 a9df hgtfsf] lj7jf;
lhTg5g\ . To;u/L ; /sf gful/ssf bj]sf] klbf;af6 ljsf; klg
; Dej xG5 .

k/Dk/fut ?kdf ;]jf klbfossf] pkNnf] lgsfon] tNnf]
lgsfosf] sfo{Dkfbg cg'udg tyf dNof@g ug{kl/kf6L
eGbf kys o; ljlw cGtu{t ;]jf klbfos 0sf0{ cfkml] klg
cfkmngf] sfo{Dkfbgsf] cg'udg tyf dNof@g ug{cj; / k@Kt
ub5g\ . ; fy}; fl ;]jf klbfos 0sf0af6 ;]jf lnO0/x]sf ;]jufxlx?n]
; d]t ; fl 0sf0sf] sfo{Dkfbgsf] cg'udg tyf dNof@g ug{
ub5g\ . ; fdbflos c;kq dfknt ;]jf kjjfxsf] tNnf] lgsfoaf6
k@Kt kj7kjf0fn] dflyNnf] jf s@blo lgsfox?nf0{ ; f] ;]jfx?sf]
kl/df0f tyf u0f:t//sf] goff dfkb08 (Benchmark) to ug]ñcfwf/
klg klbg ub5 . s'g} kl/ofhgf, ljefu jf 0sf0sf] tNnf] lgsfog
cg'udgsf nflu ; fdbflos c;kq ; ~rfng ug{cl3 Tof]
kl/ofhgf, ljefu jf 0sf0{; Dj 4 ljle@g ; /f;f//jfnf klrx?sf]
klxrfg / lj@n]if0f ug{h?/L xG5 . ; fdGotof ; fdbflos c;kqsf
b0{klrx? xG5g\ ;]jufxl / ;]jfklbfos .

; jfufxl M ; jfufxlx? hf] s'g} vf; kl/ofhgf, ljefu jf 0sf0h] kbfg ug[; jfx?sf] ; jf kf[Kt ug[xsbf/ gful/s x'g\ . pbfx/0fsf] nflu s'g} ...s' eGg] ufpf kflnsfdf ; ~rfng e0/xsf] :jf:Yo rf]slsf ; jfufxl eGgfn] To; ufpf kflnsf tyf To; sf j/k/sf Ifqdf a; flj; ug[cfd gful/sx? x'g\h; n] pQm :jf:Yo rf]sln] kbfg ug[:jf:Yo ; jf k[Kt ug[jf kbfu ug[xs xG5 .

; jfkbfos M ; jfkbfos Tof] s'g} vf; kl/ofhgf, ljefu jf 0sf0af6 ; jfufxlx?nf0{ ; jfsf] lbg Joj:yfkg tyf ; ~fngsf] lhDdjjf/L kfPsf sdrf/L, :jorj]s tyf Joj:yfkg ; ldlt cflb x'g\ . pbfx/0fsf] nflu s'g} ...s' eGg] ufpf kflnsfdf ; ~flnt :jf:Yo rf]slnf0{;jf kbfos lgsfo xf]eg] To; :jf:Yo rf]slsf sdrf/lx?, :jf:Yo ; jf Joj:yfkg ; ldlt tyf Tof] :jf:Yo rf]slsf dflyNnf] lgsfo -lhNnf hg:jf:Yo sfofno, :jf:Yo ljefu tyf d0qfno_ x? h; n] ; f] ufpf kflnsf tyf j/k/sf Ifqdf a; faf; ug[cfd dflg; x?nf0{ :jf:Yo ; jf kbfg ug[bfloTj af[s[sf xG5 .

dfly pNn]v ul/P eg} ; fdbflos cskq Ps u0fffds ljlw ePklg sfo{ ; Dkfbgsf cg'udg tyf dNofif gsfl nflu ; jf kbfos tyf ; jfufxl bj} klfn] cfkmh] 5fg]sf] ; jfsf ; 'rsx?sf] cef// to u/L c; kbfg ug[ub5g\ . o; /L kbfg ul/g] c; sf] clekfo bj} klfn] 5gf6 u/sf ; 'rsx?df pglx?sf] klf, dt, ts{ tyf ck[Iffx? clejoQm ug{/xsf] xG5 . Pp6} ; jfk[lt ; jfufxl tyf ; jf kbfossf bl6sf]0fx? JoQm xbf ; jf kjfxsf k/sf ; f] cGt/ klxrfg u/L ; f]sf] ; dwfg vff]Hg ; lhnf] xG5 .

सामुदायिक अंकपत्र अभ्यास गर्दा ध्यान दिनुपर्ने कुराहरू:

- ;fdbflos cskq ljlw / cfJhf/ bj} xf] . pQm cfJhf/n] Totl g} k]efjsf/L sfd u5g\ htl o;sf] ;xl tl/sfn] kbflu ul/G5 . cyf{t ;fdbflos cskqsf] glthf jf k]efj w/} xb; Dd o;sf] kbflustf{ cyf{t ;xhtfsf] sfo{zntfdf e/ ub5 . ;DjlGwt 0sf0{ ljefu jf kl/ofhgfsf] ;jfx?sf] ljj/0f, To; sf] sfg'gl kfjwgx? (Legal Standards and Provisions) sf] /fdV/L cWoog ljZn]if0f gu/L ;fdbflos cskq ;~rfng ug{ pko'Qm xb]g .

- lg/Gt/ k/fdz{ tyf cGt/sbfn] ;dbfosf ;jfufxL tyf ;jfkbfosx?sf] ljZjf; lhTg' kb5 . ;fdbflos cskqn] ;jfkbfos lgsfo / ;jfufxL ;dbfo alr lg/Gt/ ;Djfb / ;xsfo{sf] ;+s]tnf0{ kj 4g ug{ ;Sgk5 . dlxnf, blnt, cflbjf;l hghfit nufot cNk;Vos, kl5 kfl/Psf tyf l; dfGtskt ;dbfox?sf] ;xeflutfnf0{ ;fdbflos cskqsf] ;du| r/0fdf dxTj lbg' kb5 .

- ;jfufxL ;dbfo tyf ;jfkbfosnf0{ ;u;u} kl/rfng ug{kg][xbf bj} klfsf] ;/f{sf/nf0{ /fdV/L a'emg / JocQm x'g lbg' kb5 . of] Ps u0fftds ljlw ePsf]xbf cs / cfjtfdf clNemg' xb]g a? klfo]s ;~rsx?df ;xefuln lbPsf j:t'ut sf/0f tyf ;'efjx? pk/ Wofg lbgkb5 .

- ;fdbflos cskqsf] ;kmtf ;dbfo tyf ;jfkbfosx?sf]/rgfTds ;xeflutf / kl/0ffdnf0{:jlsf/ ug][kl|tj 4 tfdf lge{/ ug][xbf Pp6f dfq klfsf] klfkljf0f x'g uof] eg] o; n] cfkmnf] ;f/ / cfJrlTo bj} u'dfpb5 .

- ;fdbflos cskq ;~rfngsf]p2Zo pknAw ;jf tyf ;1jwx?sf] u0f:t/ clejj 4 ug{;femf kxn ug{xf . o; y{of] Ps r/0fsf] sfo{ dfq ge0{ Pp6f cleofg klg xf] . ;e0Qm sfobfhgsf] sfof{Gjog ug] ; fdYo{ / 0R5fzlQm gb]Vfpg] xf] eg] ; fdbflos cskq sjn Pp6f ; fdbflos e]nf dfq xG5 .

- ; fdbflos cskq xtf/df ; Dkfbg ul/g] sfo{ xf0g .
  ;]jfk\bfos lgsfo tyf ;]jfu\fxL ; dbfox?; u] pknAw ; donf0{
  Vofn u/L ; fdf0otM # b]vL ^ xKtfsf] ; dodf of] ; DkGg ug{
  ; Sg\k5{ .

- ; fdbflos cskq ; ¬rfngsf] lhDdjf/L tyf :jfldTj lng
  :yfglo gful/s ; d\x jf ; +yfn]cu]; /tf lng' k5{ . o; sf]
  lglDt cfjZos kg] dfgj ; z\fwg tyf cfly\s ;]ff]t :yfglo
  ?kd} tof/ ug{ tyf h\6fpg ; s] dfq o; nf0{ ; +yfut ug{
  ; IsG5 . o; /L lhDdjf/L lng] ; d\x÷; +yfsf] cfG\tl/s ; 'zf; g
  / ljZjf; lgotf x\gkb5 . ;]jfkbfos;]usf] k\j{ ; xsfo{ tyf
  ; dbfo kl/rfngsf] cg\ej ; d\x÷; +yfsf nflu lgs} ; xofuL
  xG5 .

- ; fdbflos cskq ; ~rfngsf] lhDdjf/L lnPsf] gful/s ; d\x
  jf ; +yf t6:y x\g\ cfjZos 5 . t/ oxff t6:y eGgfn] ;]jfu\fxL
  jf ;]jfkbfossf jfwf tyf ; d:ofx?nf0{gh/ cGbfh ug]eGg]
  xf0g . ; fdbflos cskqsf] k\To]s r/0df ; xhstf{; d\x jf
  ; +yfn] j:t\lgi7tf sfod ug{; Sg' k5{ .

सामुदायिक अंकपत्रको चरणहरू
(Stages of Community Score Card)

; fdbflos cskq sfof§jogsf nflu ljleGg r/0fx?
5g\ . k\To]s r/0fdf km/s km/s tof/lsf] cfjZostf kb5 . x/]s
r/0fsf] cfEof; sf{ ; kmtfkj§s ; DkGg ug{kb5 . ; fdbflos
cskqsf] cEof; df ; xefuL u/f0g] ;]jfu\fxL / ;]jfkbfos b'j}
; d\xnf0{ o; sf] r/0fx? tyf k\s\pfaf/] ; xhstf[n] /fd\/L a'emfpg'
kb5 . ; fdbflos cskqsf] ; kmn cEof; sf nflu dVo?kdf tn
lbOPsf] & r/0fx?df sfd k"f ug{kb5 . tl r/0fx? lgDg 5g\ M–
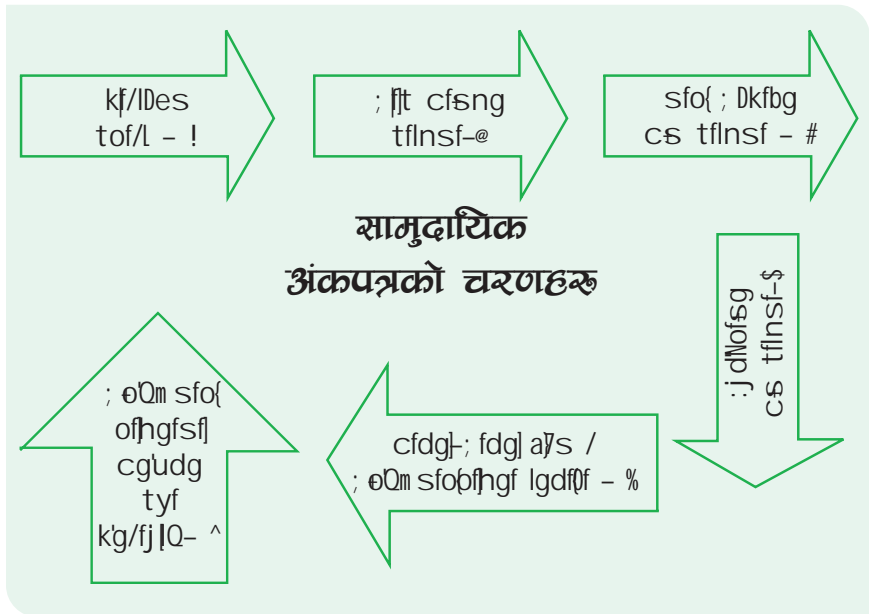
!= k\f/lDes tof/L sfo{ (Prepatory Groundwork)
@= ;]ft cfsng tflnsf (Intut Tracking Matrix)

#= sfo{ ; Dkfbg cs tflnsf (Performance Score Card)

$= :jMdNofsg cs (Self-evaluation Score)

%= cfdg]–; fdg] a]7s / ; 0Qm sfo{ ofhgf lgdf0f (Interface Meeting and Joint Action Plan)

^= ; 0Qm sfo{ ofhgfsf] cgudg tyf k'g/fj]IQ (Joint Action Plan Follow Up and Repeatation)

चरण १

प्रारम्भिक तयारी कार्य
(Prepatory Groundwork)

; fdbflos cskqsf]cEof; s'g ; fj{hlgs ;]jfsf]af/]df ug[xf], pQm ;]jf / ;]jf lng];]jfu[xldf s]Gb|t /x\/ dfly pNn]vt r/0fx?df sfd ug{kb5 . gkfnsf]jtdfg zf; g Joj:yf cg'; f/ ufpkflnsf tyf gu/kflnsf / To; cGtu{tsf j8f sfofnox? tyf ljleGg :jf:Yo, lzIff nufotsf 0sf0{ tyf ; ldltx? jf ofhgfut sfo\x? h:t} af6f[ßf6f], vfgkfgL / ; /; /; kmf0{ nufotsf]jfsf af/]df ; fdbflos cskqsf]cEof; ug{ ; IsG5 .

k[ofs sfof]sf]tof/L r/0f dxTjk0f{ xG5 . tof/L h'g txdf xG5 ;fxl cg'; f/ glthf kl{Kt xG5 . ;fxl s/f ; fdbflos cskqdf klg nfu' xG5 . o; df ; lkoOm; xhls/0f / sfof]jogsf]cfjZostf kb5 . cGo ; a} r/0fx?sf] sfof]jog;usf] ; kmtf jf:tjdf

oxL tof/L r/0fdf e/ kb5 . o; r/0fn] cGo r/0fx?sf] ; xh
sfof{jogsf nflu ; xfpbf] jftfj/0fsf] ; hgf ub{ dfu{ kz:t
u5{ . ; fy} clwstd\ ; xeflutf / ; DjlGwt JolOmx?sf] ; nUgtf
klg ; 1glZrt u5{.

kf/IDes tof/L sfodf Wofg lbg' kg[s'/fx? M

!= 5nkmndf s{b{t ug{ kg[Ifq, ;]jfx? tyf ;]jf kljfxsf
Osf0x?sf] 5gf6 ug{kb5 . t/ o; f] ubf{ :yfglo ; dbfo; u
; xdtl sfod u/V tof/L ubf{/df] xG5 .

@= ; fdbflos cskq ;]jf kljfxsf ; a]Gbf tNnf] txdf ; rfng
ul/g] ePsfn] 5nkmndf s{b{t ug{kg[Ifqsf] 5gf6sf
cfwf/df ;]jf kljfxsf ; a]Gbf tNnf] tx, h:t} M kfylds
ljBfno, kfylds :jf:Yo s{b], ufpkflnsf cyf{t gu/kflnsf
/ To; cGtu{tsf j8f sfofnon] kbfg ug[;]jf cflbsf] 5gf6
bf{ f] r/0fdf ug{kb5 . ;]jf kljfxsf] Osf0sf] klxrfg ul/; s]
kl5 ;]jf kbfos / ;]jfx?sf] klg klxrfg xG5 . ;]jf kbfosx?
; DaGwL ; a} ; rgf tyf hfgsf/lx? -gfd, kb, ; Dks{ ljj/0f,
cflb_ l6kfб u/V /fVgk5{.

#= t]; f] r/0f cGtut ;]jfx? ; DaGwL cwf/e"t ; rgfx? ; sng ug{
kb5 . h:t}M obL ufpdf ag]sf] Pp6f ; 8ssf] af/df ; fdbflos
cskqsf] cEof; af6 dNoflГg ug{kg[xf] eg] ufpkflnsf jf
gu/kflnsf cyf{t ; 8s lgdf{0f ug{ nufpg] lgsfo

-;]jf kbfos_ af6 lgDg ; rgf tyf hfgsf/lx? kfIlt
lngkg{ xG5 M

  ➢ ; a]Gbf hflvddf k/]sf 3/x? ; lxtsf] ufpsf] gS; f -tfls,
    ufpsf] clGtd JolOmn] klg kmlObf kfIlt u¥of] jf u/g eGg]
    s'/f yfxf kfpg ; lsof; \

  ➢ ufpkflnsf÷gu/kflnsfsf ofhgfx?, :jls{t kl/ofhgfx?,
    cflb -; 8s kl/ofhgf ufpkflnsf÷gu/kflnsfsf] ljsf;
    ofhgf adflhd 5 jf 5g eGg] s'/f yfxf kfpg_

➢ ljQlo dfldnf, ;jjf–j:t' kffKt ug[jf lbg] k|qmof
-kffSof/d&6_, aJ7s, cflbsf lstfax? / ljj/0fx? -cfGtl/s
;ffjt; fwgx?sf af/]df yfxf kfpgsf nflu_ cflb .

$= dNofÍsg k|qmofdf ;dfhsf ul/a, dlxnf, o'jf tyf lk5l8Psf
3/x? ePsf] j:tlx?sf] ; a} ;jjfufxlx?sf] ; xeflutfsf nflu
kff\To|s ;jjfufxlnf0{va/ ug{k5{. o; sf nflu cledVls/0f
aJ7s ;rfng ug[tyf cGo ;rgfsf] ljlw k|oflu ug{ kg]
x0G5 . ; rgf ug[qmddf sfo|qmdsf af/]df hfgsf/L u/pg]/ obl
cfkmlngf u'gf; fx? skL 5g\ egl, tl klg /fVg kf0g] cj;; /sf]
af/]df dxTjsf ;fy hfgsf/L pknAw u/pg' kb5 .

%= ;jjfufxlx?n] dfq ;jjffkmbfosx?sf sfo{Dkfbgsf] dNofÍsg
ug{; S5g\. To;}n] dNofÍsg k|qmofdf ;ahgfsf] ; xeflutf
x'g/L Pp6f aJ7s aflnfpg] k5{/ ug{ nfluPsf] sfo{qmdsf]
af/]df k|z:t ?kdf JofVof ugk5{/ h;n] sfo{Dkfbgsf]
dNofÍsg ug[xfl, p;nf0{ ;dbflos cskq cEof; ug[sf]
cf]rTo :ki6 kfl/lbg' kb5 .

^= r/0f % df ul/P h:t} ;jjfufxlx?;lu 5{6} aJ7s ugk5{/
lgDg s'/fx?nf0{:ki6 kfl/lbg' k5{M

➢ ;fdbflos cskq cEof;sf kmfloOkfx?sf af/]df ljZjf;;
lbnfpg]

➢ ; dbfosf gsf/fÍds kl7kffif0fnf0{kllg ; sf/fÍds ?kdf lng
jftf/0f ;bhgf ug[

➢ ;jjf kfbfosx?nf0{pglx?sf jf:tljs sdlsdhfl/lx?
:jlksf/ ug{; Sg] u/L dfgl; s ?kdf tof/ u/pg]

of] cEof; s}xL ;jjf kfbfosx?sf ;Gbefdf nfu' u/pg ufxf[
x'g; S5 . To;}n, pglx?nf0{ dgfpg / ;xdtl kffKt ug{ s}xL
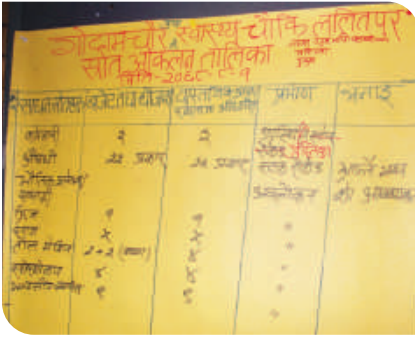clltl/Qm kof;; x? ug{kg{x'g ;S5 .

&= dNofsgsf] nflu sfo{md tf]nsf tof/ kfg[sfo{ of] ; ftf}+ r/0fdf xG5 . tf]nsfdf k|i6 ?kdf ; do, lqmofsnfkx?, lhDdjjf/Lx? tyf ; 1jwfx?sf] af/]df pNn]v ug{sf] ; fy} sfo{md tf]nsfdf s'g ; qsf] cWolftf s; n] ug[, s; n] l6kf]bx? l6Kg], s; n] lkmnk rf6{ kf]:6/ agfpF5, cflb s'/fx? k|i6 ?kdf pNn]v ug]k5{ . tf]nsf tof/ kf/L;kl5, kfTo]s JolQm h; n] ; fdbflos c|skqsf] klqmofdf efu lnG5g\ pglx?nf{ r/0fx?; lxt :ki6 ?kdf hfgsf/L u/fpg' kb{5 .

*= sfo{mdsf nflu cfjZos kg[ljleGg s'/fx? h:t} ; xeful ; af}gf cf{fpg ; Sg] aYs xn, rf6{ kk/, dfs{/, kbg, :sh, cflb :6zg/lx? / cfjZos k/df lrof, gf:tsf] Joj:yf ; db[ug]k5{ .

(= cG7odf; Gt1nt/lgiklfljrf/x?; 1glZrtug{sf]lglDtuO/; /sf/L; +yfx?, ufpkflnsf÷gu/kflnsf jf dflyNnf txsf;]jf kbfos sfofhosf k|tlglw, ; /sf/L ljefusf; b:o sd]rf/lx?, cflbnf{O{ ljzifu/L cfdg[; fdg] aYsf ; xeful x'g lgdGqOff ug{; lsG5 . o; n] ; DkOf{ cEof; nf{O{ an k[fg u5{ / o; sf] ljZjf; lgotf klg a9fpF5 .

चरण २
स्रोत आंकलन तालिका निर्माण
(Input Tracking Matrix)

tof/l / k]f/lDes sfo{; lsPkl5 cfGtl/s ; []t ; fwgsf] klxrfg u/l tflnlss/0f cyf{t ;]r tof/ ug{kb{5 . h; n]k|:tfljt, :jls[t / jf:tljs ; []t ; fwgx? larsf] leGgtfnf0f{ klxrfg ug{ ; 3fp k|¥ofpb5 . ; fdbflos cskqdf ;]jfu[xl tyf ;]jf kbfos

; xefulx?sf] $ b]v * hgf ; Ddsf] Pp6f ; d'x agf0{ cfGtl/s ; []t ; fwgsf] tflnsf agfpg] lhDdjf/L lbg' kb{5 . ; xhstf[h] ; [u; [u} cfjZos ; xof]u ug{ kb{5 . o; df ;]jf kbfosx?n] cfGtl/s ; []t; fwg ; DaGwL ljj/0fx? lbP/ ; xof]u ug{ kg| xG5 tfls pQm tf]lsPsf] ; d]xn] cfkm[; [u ePsf] sfuhftsf cfwf/df pknAw ul/Psf ljj/0fx?nf0{ k]df0fls/0f ug{ ; s'g\ . o;]f] ubf{ b0{ tYox?sf] alrdf b]vPsf] km|skgf]f{dfkg ug{ ; lsG5 . t/ ;]jf kbfosnf0{ o;]sf] cfjZostf a'emfpg' kb{5 . ;]jfkbfosnf0{ cfkgf]f :6f0/ zfvfdf bflvnf ePsf] k|tjbg tyf cGo cfly[s ljj/0f? b]vfpg cg/f/fw u/l ; []t ; fwgsf] ; 'hlnf0{ e]nf/kmf0{ ug{ ; lsG5 .

cfGtl/s ; []t; fwg eg]sf] a:tx? xf], dflg; x?n] kbfg ug]{ ;]jfx? xf], Joltt ul/Psf] ; do xf] / vr{ ul/Psf] k}; f cflb klg xf], h; sf] kbflu ofhgfa4 ufpkflnsf jf gu/kflnsfsf] ljsf; ofjgf jf kl/ofjgf jf s'g}cd's ;]jfsf] nflu PSn}jf ; ¥Qm?kdf ul/G5 . cfGtl/s ; []t; fwg cGtu{t Pstf / ; xdtl h:tf u0fx?

klg kb5g\ h;sf] cfjZostf ufp‹sf] ljleGg lqmofsnfkx?nf0{
sfof‹jog ubf{cfjZos kb5 . o; lsl; dsf] cfGtl/s ; Ît; fwg
k‖oIf?kdf dfkg ug{; lsbg t/ dx;'; ug{; lsG5 .

सोत आंकलन तालिका निर्माण गर्दा ध्यान दिनुपर्ने कुराहरू

!= cfGtl/s ; Ît ; fwgsf] klxrfg

h'g kl/of‹hgf jf ; jjfsf] dNofsg ug{ nfluPsf] xf], To; sf]
sfof‹jog ubf{jf ; jf kjjfx ubf{kbflu x'g] ; Dk0f{ cfGtl/s
; Ît ; fwgsf] Pp6f ; 'rl tof/ ug{kb5 . o:tf] ; 'rl agf0; skl5
To; nf0{ dxTjsf] cfwf/df k‖yldlss/0f ug{kb5 . dxTj ; Vof
/ dNodf e/ kb5 . dfkgsf] 0sf0‹x? h:t} emÎhfx?sf] ; Vof,
; jjsf dlxgfx?, ?kbfdf u0fgf x'g] /sd cflbsf] l6kf‹x? agfpg'
k5{ .

@= kl: tfjx? adfÎhd cfGtl/s ; Ît ; fwgsf ljj/0fx? ; sng ug{

bf‹f] r/0fdf, :jls‖tfff kl: tfjdf pNn‹v eP adfÎhd klxrfg ePsf
cfGtl/s ; Ît ; fwgx?sf] kl/df0f -; Vof_ s] slt 5 To; sf] ljj/0f
; sng ug{k5{ .

#= cfGtl/s ; Ît ; fwg bŒfpg] tflnsfsfnf0{ eg{

k‖ÎKt hfgsf/lsf ; fydf, ; jjfkbfos / ; jjfufÎxl b'j}h] cnu cnu
; dŒxx?df cfGtl/s ; Ît ; fwgsf] oyfÎytf kQf nuf0{; fÎxl cg'; f/
; jjsf] u0f:t/ dfkg u/l cs‹ kbfg ugÎk5{ .

$= cfGtl/s ; Ît ; fwg bŒfpg] tflnsfsfnf0{ ajflgsls/0f ug{

bŒ} ; dŒxx? h; n] cfGtl/s ; Ît; fwgsf] af/df ljleGg ljlw
ckgfP/ tflnlss/0f ug] sfo{ ; DkGg u/sf 5g\ pglx?
Ps‖rfÎblL ; Û} a;l bŒ} tflnsfx?nf0{ ajflgsls/0f cyf‹t e]/kmf0{
ug{ kb5 . cfjZos k/df tl ; dŒx?n] lkmÎ8d} uP/ cltl/Qm

; 'rgf, hfgsf/lx? ; sng ug{kb5 . cGo k]df0fx? h:t} /l; b,
vftfkftf, ; 'rgf, hfgsf/lx? ; Rofpgsf] nflu k]oflu ug{ ; IsG5 .
5nkmn / k]df0fls/0fkl5, bj} ; d'x k]Kt cfs8fk]lt ; xdt xG5g\
/ o; nf0{Pp6f dfq} tflnsfdf ; dfj]z u5g\ . bj} ; d'xx?n] pQm
tflnsfdf hfgsf/lx? e5g\ h'g tflnsfsf] gd'gf o:tf] xG5,
-dfgf} s'g} :jf:Yo rfIslsf] cf6tl/s ; Ilt ; fwgx? dfkg ul/b5
eg] _ .

cf6tl/s ; Ilt; fwgx?	zlif[s÷ahb÷ ofhngf÷b/jGbl	jf:tljs k]Kt÷vftfdf cfwfl/t	k]df0f÷; a't
sd[rf/l	#	#	pkl:ylt kl:tsf
Eff]ts ; dfu] b/fh	% j6f	% j6f	sfofnodf /x]sf] df]Ilbft vftf

चरण ३
कार्य सम्पादन अंकपत्र
(Performance Score Card)

; |ſt   cfsngkl5   ; dbfodf /x]sf ; jjfu|rxlx? Ps 7fpldf ehfe0{ ; jjf kbfos / ; jjfsf ljleGg kIfsf ; 'rs tof/ u/l 5nkm / dNofÍg ub] cs lbg] sfo{ ul/G5 . of] ; fdbflos cskqsf] kpdV sfo{ xf] . o; df ofhgf / lgod cg'; f/ ; jjf kbfosx?n] ; jjf kjjfx u/] gu/]sf], cfkmgf] lhDdjjf/L s; /L k'/f ul//x]sf 5g\ eGg] s'/f a'em]g] / ; xdtl agf0{ cs kbfg ul/G5 . o; df ; dbfon]lglZrt dfkb08 agfP/ dNofÍg u/l cs lbg] ul/G5 . x/]s ; 'rsdf %, !) cyf{t !)) dWo] s'g} Ps dfkb08 -k0ff|{_ tof/ u/l cs lbg] ul/G5 . cyf{t sfo{ ; Dkfbg cs tflnsfdf ; fj|hlgs ; jjf kjjfx, u0f:t/ nufot ljleGg ljifonf0{ dNofÍg u/l cs lbg' kb5 . lglZrt ; 'rsx? tof/ u/l x/]s ; 'rsx?df km/s km/s cs kbfg ubf{ x/]s ; 'rsdf cs lbg'sf] sf/0f klg pNn]v ug{kb5 . sfo{ ; Dkfbgdf ; jjfkbfosnf0{o; /l cslbg] sfo{ ; fgf] ; d'xdf -% b]v & hgf_ 5nkm ub] cs lbbff ; xh xG5 . t/ otlg} hgf ; xefuL x'g' k5{ eGg] 5}g .

sfo{ ; Dkfbg cs tflnsf lgdf0fdf ; xefuL ; jjfu|rxlx? n]vk9 ug{g; Sg] vfnsf] ePdf pglx?nf0{ lgwf{0f ul/Psf] k0ff|{ cg'; f/ cs lbg cK7bf/f] xG5 . o:tf] cj:yfdf ; xhstf{n] ; lhnf] u/l sfo{ ; Dkfbg dNofÍgsf] nflu cgxf/sf] ljleGg xfpefpm b}vfpg] lrqx? kbfu ug{; b5g\ . h; nf0{ tn lbOPsf] lrqx?af6 :ki6 ug{; IsG5 .

dfkb08	cgxf/sf] xfpefpm	cs
w/} g/fdf]	😢	!
g/fdf]	☹️	@
7ls}	😐	#
/fdf]	🙂	$
w/} /fdf]	😃	%

कार्य सम्पादन अंकपत्र तयार गर्ने क्रममा निम्न प्रक्रिया अपनाउनु पर्दछ ।

!= cslbg] sfo{df ; xeful x'g] ; d'x 5gf{ ug]{

sfo{ ; Dkfbgdf cs lbg] sfo{ ;'? ug{kj]{ {pQm sfo{df ; xeful x'g] ; dbfosf] ; d'x 5gf{ ug{kb5 . ; d'x tof/ ubf{ ;f]t cfsngdf ; xeful ; b:ox?nf0{g}; xeful u/fpbf k]efj sf/L xG5 . ; d'x agfpbf ; jjfu}xln] kfV{t u/]sf] ; jjfsf] k];[tl cg'; f/ agfpg' kb5 .

@= sfo{ ; Dkfbg dNofsgsf nflu ; 'rssf] lj sf;

sfo{ ; Dkfbgdf cs lbg] sfofsf] nflu :yfglo ; jjfkfos lgsfon] kbfg ug]{ ; jjfdf cfwfl/t eP/ sfo{ ; Dkfbgsf ; 'rsx? tof/ ug{ kb5 . ; 'rs tof/ e0; skl5 x/]s ; 'rsdf 5nkm ub]{ ; dsf ; b:ox? Psdt e0{cs lbg' kb5 . kfoh; f] !) tyf % k0ff{{df ; jjfsf] :t/nf0{cs kbfg ug{k/rng /x]sf] 5 . t/ cGo ; s]tx? kbflu u/}/ klg ; jjfnf0{ dfkg ug{ ;Ic5 . h:t}Il v'; l ePsf] cgxf/sf] lrq, sd v'; l ePsf] / bMvl cgxf/sf] lrqaf6 klg ; jjf :t/nf0{k];[t ug{; Ic5 . h; nf0{dfly pbfx/0f ; lxt k];[t ul/Ps] 5 .

#= k|[o]s sfo{ ; Dkfbg ; 'rsnf0{ cs kbfg ug[

; 'rssf] lj sf; kl5 sfo{ ; Dkfbgnf0{ ; 'rs cg'; f/ ; fdlxs 5nkmn ub]; dbfon]cs kbfg ug{kb5 . ; lhnf]sf nflu dNofsgstf{x?n] cfsf|ff ul/Psf] sfo{ ; Dkfbgsf] Go'gtd\ tx tf]slbg' k5{ . obl jf:tljs l:ylt tf]sPsf] txeGbf d'gl 5 eg] pglx?n] cf]fteGbf d'gsf] cs kbfg ug{ ; S5g\ / obl tf]sPsf] txeGbf dfly 5 eg] To; nf0{ pRr cs kbfg ug{ ; S5g\ . ; fy} sd cyf{t a9l cs kbfg ug'sf] sf/0f klg v'nf0G5 . cs kbfg ubf{k|[o]s ; 'rsnf0{ lb0Psf] cs ; dfgkflts x'gk5{/ kjf[u|xl x'gxb]g .

$= ; Wf/sf] nflu ; 'enfjx? k|:t't ug[

; dbfon] u/]sf] dNofsg / lb0Psf] cssf] cfwf/df ; dbfon] g} sfo{ Dkfbgdf ; Wf/ Nofpg ; 'enfjx? k|:tfj ug{k5{ . k|:tfj ul/Psf sfox? dWo] s|xl ; ljfkbfos jf ; ldlt ; b:osf nflu xG5 . s|xl sfox? ; dbfosf ; b:ox? cfkm|n] ug{kg[klg xG5 eg] s|xl ; o0Qm ?kdf ug{kg[sfox? klg xG5g\ .

%= dNofÍsgnf0{ tflnsfdf Jojl:yt u/L n|V|/ /fVg[

; dxdf a; L ; dbfon] u/]sf] sfo{ ; Dkfbg dNofÍsg, kbfg u/]sf] cs, cs kbfg ug'sf]sf/0f / ; Wf/sf nflu lbPsf];'enf0{Jojl:yt ?kdf tflnsfdf n|V|/ /fVg'kb5 . h'g kl5 cfdg–; fdgla7sdf k|:t't ul/G5 . tflnsfsf] gd'gf tn k|:t't ul/Psf] 5 .

qm; ≠	; 'rs	cs -!–!)_	sf/0fx?	; 'enfjx?

चरण 4
सेवा प्रदायकद्वारा स्व:मूल्याङ्कन अंक निर्माण
(Self-evaluation Score)

; DjlGwt ; jjfufxln] ; dXdf a;/ u/]sf] sfo{ Dkfbg dNofsg h:t} ; jjf kpfosx?n]klg ljleGg ; 'rsx? lgdf0f ub}cfkdh kpfg ul//x]sf]; jjfsf] Ps-Ps :jMdNofsg ub{ cs kpfg ub5g\ . pglx?n] ; jjf kpfg ug{kg[lhDdjjf/L;'iu ; DjlGwt cfklgf sfo{x? / ; jjfsf] af/df :jMdNofÍsg ub5g\ . o; af6 pglx?n] cfklgf lhDdjjf/L / sfo{; Dkfbg ubf{s;/L ul/Psf]/x5 eGg] s'/fsf] :jMdNofÍs xG5 . ; jjf kpfosn] ; jjf kjjfx ubf{ w/}}cK7bf/fx?sf] ; fdgf u/]sf x'g ; S5g\h'g s'/f ; dbfonf0{yfxf gx'g klg ; S5 . ; jjfufxx?sf] c; xofusf] sf/0f klg sdhf// ; jjf kjjfx ePsf] x'g ; Sb5 . :jMdNofÍsgn]oL ; a}sf/0fx?sf] vf}hL ub5 . :jMdNofÍsg sfo{; DkGg ug{lgDg klqmof ckgfpg'kb5 .

!= ; jjf kpfosnf0{ hfgsf/L u/fpg

; ?df ; jjf kpfosnf0{ :jMdNofÍsgaf/] la:t[t hfgsf/L u/fpg' kb5 . :jMdNofÍsgsf ; 'rs, o; sf]kmf0f0bf nufotsf af/]df hfgsf/L lbg]sfo{ug{kb5 . o; af6 ; jjfkpfos÷; ldlt ; b:ox?:jMdNofÍsgsf cfvZostf / p2{yo;'iu hfgsf/ xg]5g\. :jMdNofÍsgn]; fjwfglkj{s ; an kIfsf ; fy} sdhf//lx?nf0{yflx/ Nofpg} kg[s'/fdf hf8}}lbg' kb5 .

@= ; a}sf] ; xeflutfsf] ; 1glZrtf

; jjf kbfos lgsfosf ; a} sdfrf/L / ax'dt ; b:ox?nf0{ :jMdNofÍsg sfodf ; xefuL u/fpg' kb5 . ; b:o jf sdfrf/lx? dWo] h; n] ul/a, dlxnf, o'jf tyf lk5l8Psf] ; dbfodf /x/ sfo{ ub5g\ pglx?sf] :jMdNofÍsgdf clgjfo{ pkl:ytl u/fpg' kb5 .

#= sfo{ Dkfbg ; 'rssf] ljsf; ug{

pkl:ytl lglZrt ePkl5 ; 'u}a; l/ 5nkmsf]dfWodaf6 sfo{ Dkfbgsf] :jMdNofÍsgsf nflu ; 'rsx?sf] ljsf; / kf'yldsls/0f ug{ kb5 . o; f] ubf{ ; dbfosf ; b:ox?n] sfo{ Dkfbg dNofÍsgdf u/{ h:t}; 'rsx?sf]ljsf; ul/P ; xhls/0f ug{; lhnf]xG5 . t/, :jMdNofÍsgaf6 ljsf; ul/Psf] sfo{ Dkfbg ; 'rsx? ; dbfosf ; b:ox?n] ljsf; u/{sf];u k0f{ ?kdf ldNg jf gldNg klg ; Sb5 .

$= ; 'rsx?df :jMdNofÍsg ub{cs kbfg ug{

; 'rssf] ljsf; kl5 sfo{ Dkfbgnf0{; 'rs cg'; f/ ; fdlxs 5nkm ub{ ; dbfon] cs kbfg u/{ h:t} ; jjf kbfosn] klg cs kbfg ug{ kb5 . ; dbfon] tof/ u/{sf] ; 'rsx? g} ; jjf kbfosx?n] klg kbflu ug{ ; Sb5g\ cfyf{t km'/s ; 'rsx? klg agfpg ; lsG5 . ; dbfon] eM{ ; jjf kbfosn] klg cs kbfg ug{sf] sf/0f v'hfpg' kb5 . o; sf ; fy}pglx?n] sfo{ Dkfbgdf ; Wf/ Nofpgsf nflu cfufdl lbgdf s] s:tf sfo{ ug{knf{ egl cfkm{sf ; 'emfjx? ; d}t kl:t't ug{ kb5 .

%= :jMdNofÍsgnf0{ tflnsfdf Jojl:yt u/{ n]Vg/ /fVg{

; jjf kbfosn]u/{ sf]; sfo{ Dkfbg :jMdNofÍsg, kbfg u/{cs, cs kbfg ug{sf] sf/0f / ; Wf/sf nflu lbPsf] ; 'emfjnf0{Jojl:yt ?kdf tflnsfdf n]Vg/ /fVg' kb5 . h; nf0{kl5 cfdg{; fdg]a7sdf k|:t't ul/G5 . :jMdNofÍsg tflnsfsf] gd'gf tn lbOPsf] 5 .

qm; ≠	; 'rs	cs -!-!)_	sf/0fx?	; 'enfj x?
!				
@				
#				
=				
=				
=				

चरण ५
आमने-सामने बैठक तथा संयुक्त कार्ययोजना निर्माण
(Interface Meeting and Joint Action Plan)

; fdbflos csskqsf] dxTjk0f{ sfo{ cyf{t r/0f cfdg]–;fdg]
a7s xf] . cfdg]–;fdg] a7sdf o;cl3 tof/ kfl/Psf] ; [t
cfsng tflnsfsf] ljj/0f, ;dbfodf ;jfufxln] lgdf0f u/sf] sfo{
;Dkfbg csskqsf] glthf / ;jfkbfosf] :jM dNofl;g cs kqnf0f
kfn} kfnf] k::tt ul/G5 . of] a7sdf ;jf kbfos / ;dbfos
;b:ox? cfdg]–;fdg] e3f6 u5g\/ tof/ ul/Psf ;'rs / kfKt
glthfnf0f{ ;lu} a;/ 5nkmn ub5g\ . ;jfufxL tyf ;jf kbfos
cfdg]–;fdg] ;lu} a;/ Ps csfsf k::t1t ;'gl Ps csfkIt
;Ddfgsf] efjgf hufpg'sf ;fy} ;xdltsf jftfj/0f tof/ ug{
kb5 . o;n] bj} kIfnf0f Ps 7fpdf cfpg, ;jf sdhf/ x'g'sf
sf/0fx? klxrfg ug{ / klxrfg ul/Psf ;d:of tyf sdl
sdhf/lx?sf af/df ; sf/fTds ;dfwgx? kQf nufpg ;xof]u
u5. bj}kIf ldn'/ ;jf kjf xdf /Wf/sf nflu ; e0m sfofhngfsf]
ljsf; ug{cfdg]–;fdg] a7ssf] Ps dVo sfo{xf] . o:tf a7sdf
tftf] ax; / emu8fsf] ;Defjgf0f{eg] Go'gls/0f ug{k5{ . h;df
;xhstfsf] 7'hf] e'ldsf xG5 .

cfdg]–;fdg] a7ssf] nflu Wofg lbgkg[s'/fx? M

!= ;jfkbfos / ;jfufxL bj}sf] ;eflutfsf x'gu'Ll tof/l ug[.
@= bj}kIfsf] ; xeflutfdf a7ssf] cfofhgf ug[.
#= o;cl3 tof/ kfl/Psf ; [t cfsng tflnsfsf] ljj/0f,
   ;dbfodf cfwfl/t sfo{; Dkfbg cssf] glthf / ;jfkbfosf]
   :jM dNofsgnf0f{ k::tt ug[.

$= k|:t't glthfnf0{ ; 4fkls/0f ug[

%= a7sdf k|:t't ; ;|t cfsng tflnsfsf] ljj/0f, ; dbfodf cfwfl/t sfo{ ; Dkfbg cssf] glthf / ; ljfkbfosf] :jNdNofsg glthfnf0{ b'j} kIf ldn]/ ljZn]if0f ug[.

^= Go'g cs kfKt ; 4sx?sf] ; DaGwdf ; ljf kbfosx?sf] sfo{ ; Dkfbgdf s; /L ; Wf/ Nofpg ; IsG5 eGg] af/]df 5nkmn u/L ; Wf/sf pkfox?sf] vfhL ug[. ; fy} /fdf] sfo{ ; Dkfbgnf0{ s; /L lg/Gt/tf lbg] eGg] ; DaGwdf klg 5nkmn ug[k5{ .

&= o; kl5, klxrfg ul/Psf ; Wf/sf Ifqx?nf0{ltglx?sf] dxTj / h?/lsf] cfwf/df Jojl:yt u/L ; e0Qm sfofhgf tof/ kfg[. tl sfo{ofhgfx? ; /n / nfu' ug{ ; Isg] vfnsf x'g' kb5 .

; e0Qmsfo{ofhgfsf]lgSofn ubf{ ; jkyd ; femf ; 4sx? cGtu{tsf] sfofsf] ljsf; ug{k5{ To; kl5 ; ljfuI xlsf] ; 4s cGtu{tsf] / clGtddf, ; ljf kbfssf] ; 4s cGtu{tsf] sfo{ ofhgfsf] ljsf; ug{k5{ .

; e0Qm sfo{ ofhgfn] rfNgkg] sbdx?, lhDdjf/ JolQmx? / s'g ldlt ; Dddf p0Qm sfo{ ; DkGg ul/;Sg] jf ; Wf/ x'g' kg[eGg] s'/f klg pNn]v ug{k5{ . ; fy} sfofjjogsf] kjlt s; /L cjnfsg ug[eGg] s'/f klg pNn]v ul/g' kb5 .

; eÓm sfo{ ofhgfsf] lgDg 9fÍrf cg';f/ lgdf0f ug{ ;lsG5 M

qm÷ ≠	;'rs	cs	k|:tflj t sfo{	;dol; df	lhDdjf/L
; femf ;'rsx?					
s!					
s@					
s#					
; jjfufrxlx?sf] km'/s ;'rsx?					
v!					
v@					
v#					
; jjf kpfosx?sf] km'/s ;'rsx?					
u!					
u@					
u#					

पछिल्लो समय विद्यालयमा सम्पन्न गरिएको
संयुक्त कार्ययोजनाको नमूना

6'sl ; 3 ; 'gsfzl, l; GwkfNrf]s
gkfndf ; fjh{lgs hjfkmb]xtfsf] nflu kljlwsf] lbuf] kpflu -;'zf; g_
; fdbflos lj Bfnosf] z]lfs u0f:t/ ; Wf/sf] nflu
; fdbflos cskq

ldltM @)&^.)(.!*

lj Bfnosf] gfdM >l a?5nfbjl dfWolds lj Bfno
7ufgfM afxljj ;] gu/kflnsf–&, l; GwkfNrf]s

; xefu ; ?ofM @(dlxnfM !* k?ifM !!

; ¿0m sfo{ ofhgf

qm#; +	; 'rs	; j]f u[xln] lbPsf] c≤	; j]f kpfos n] lbPsf] c≤	; femf c≤	k|:tflj t sfo{	lhDdjf/l	; dol; df
; femf ; 'rsx?							
!≈	k7g kf7g	^	&	^	xhrf] cleefjs (Hello Parents) sfo[qmd nf0{ kpefj sf/l agfpg]	lj Bfno k|zf; g -k]wfgf Wofks tyf lj≈lo=; =	@)&^ k'; sf] t]; f] xKtfleq
					ujsfo{ 8fo/lsf] Joj :yfkg ug]	lj Bfno k|zf; g -k]wfg fWofks tyf lj≈lo=; =	@)&^ Dff3sf] klxnf] xKtfaf6 ; ? ug]
					lj Bfyl{ x?Nff0{ lj Bfnodf dfaf0h Nofpg lgifjw ug]	lj Bfno k|zf; g -k]wffg Wofks tyf lj≈lo=; =	@)&^ k'; sf] t]; f] xKtfleq

३२

					dlxgfsf] Ps k6s pTkⱀ/0ffⱀds sIff ; ⱀfng ugⱀ	lj Bfno kⱀzf; g,	Dff3sf] klxnf] ; ftfaf6
@=	clt l/Qm sⱀf snfk	%	*	&	lj Bfnosf] ; ⱀlt ; fwgn] EofP ; Ddsf] cltl/Qm sⱀfsnfk x? ; ⱀfng ugⱀ	cltl/Qm sⱀfsnfk lj efu, lj Bfyl{ / afn Sna	@)&^ Dff3sf] klxnf] ; ftfaf6
#=	cg' zf; g	$	&	^	lj Bfno xftfleq 3ⱀ/fjf/ nufpgⱀ	lj Bfno kⱀzf; g	oxl cf÷j= @)&^÷&^ leq ; Dkⱀg ugⱀ
					cfrf/ ; ⱀxtfnf0{ s8f0ⱀsf ; fy nfu" ugⱀ	lj Bfno kⱀzf; g, cleefjs / lj Bfyl{	Tff]sfn ; ? ugⱀ
$=	Eff]ts kⱀf f{ wf/	$	^	^	vfgⱀkfglsf] Joj :yfkg ugⱀ	lj Bfno kⱀzf; g	@)&^ kⱀ; @(utⱀ leq
					lgdf0{f sfo{ ; Dkⱀg e0{ ; s]sf] ej g x:tfGt/0fsf] nflu kxn ugⱀ	lj Bfno klⱀ/jf	
					ej g x:tfGt/0f eⱀ; kⱀl5 Pp6f sfⱀ/fdf Nofjsf] Joj :yf ugⱀ / zfⱀrfno klg kⱀfudf Nofpgⱀ	lj Bfno kⱀzf; g	

; jⱀf kⱀfossf] kⱀⱀ/s ; ⱀrs

					sIffut ?kdf cleefjs ef]nf ugⱀ	lj Bfno kⱀzf; g	@)&^ kⱀ; @$ utⱀaf6 ; ? ugⱀ
!=	lj Bfno / ; dbfo ljⱀrsf] ; dⱀjⱀo			$	lzlfs cleefjs ; ⱀ3 u7g ugⱀ / lzlfs cleefjs ; ⱀ3sf] eⱀdsⱀnf0{ kⱀfjsf/L agfpgⱀ	Gfu/kflnsf cⱀGtⱀtsf] lzlff zfvf / lj Bfno kⱀzf; g	@)&^ sf] Dff3 dlxgf leq

; jifu[xlsf] km's ; 'rs							
!=	lj Bfno sf] glthf	%				ljifout lzIfs Joj:yf kgsf] nflu kxn ug]	lj Bfno k[zf; g, lzIfs, lj Bfyl{ / cleefj s	
@=	cle–efj s sf] e'dsf	#			cleefj s x?n] cfkmbgf[afnaln sfn] u[xsfo{ u/] gu/]sf] xg[/ u[xsfo{ug{ k[f]; flxt ug[	cleefj s	
						cleefj s x?n] ; do ; dodf lj Bfondf cfP/ cfkmbgf[afnaln sf] sf] k7g kf7gsf] lj ifodf a'emg[tyf 5nkm[n ug[	cleefj s	
						cleefj s ehfdf cleefj ssf] e'dsf ljifodf cledlv s/0f ug[	lj Bfno k[zf; g	
#=	Vffg[kfgl tyf ; / ; km[f0{	$			vfgkfglsf[Joj:yfkg ug[	lj Bfno k[zf; g	@)&^ sf] k'; d; f[tleq
						k[f[s slffsf[/fdf kmf[xf[/ /fVg] eBf f (dustbin) sf] Joj:yf ug[	lj Bfno k[zf; g	@)&^ sf] k'; d; f[tleq

dfly pNn]v ul/Psf] k[:tfljt sfo(x? sfof[{jog eP gePsf] xb{ tklzn adf]hdsf] cg'udg ; ldtl u7g ul/Psf] 5 .

!_ ; o[fhs M >l lj / axfb'/ yfkf – j8f ; b:o

@_ ; b:o M >l ek[hb[hf[zl – lzIfs

#_ ; b:o M >l sdnl k[wfg – cleefj

$_ ; b:o M >l gfrDuh tfdf· –lj=Jo=; =

%_ ; b:o M >l lgdf zkmf{ – lzIfs cleefj s ; b

चरण ६

संयुक्त कार्य योजना अनुगमन तथा पुनरावृत्ति
(Joint Action Plan Follow - Up and Repetition)

cfdg_; fdg] a7sdf cfNof0Psf sdL sdhf/L tyf ; \f/ ugkg[klfnf0{tTsfn}; jjfufxL tyf ; jjfkbfos lgsfosf ; b:ox?af6} a9ldf kffr hgf;Ddsf] cgudg ; ldlt agfpg ; lsG5 . a7sdf p7]sf] ljifo / b0{ tkmaf6 ul/Psf] dNofIsgsf] km/snf0{; \f/ / p7f0Psf] ; d:ofsf] ; dfwfgsf nflu ; jjf kbfos lgsfosf] tkmaf6 df]vs k|tj4tf u/fpg' kg[xG5 . k|tj4tf df]vs ePklg ; xhstfh] k|tj4tfsf] jbfx? l6k/ /fVg' kb5 / pQm jbfx?nf0{ ; eQm sfobfhgf ; dbg' kb5 . sfobfhgfnf0{ kl5Nnf] ; dodf klnS; df 5fk/ ; ah] bVgu/L h'g ; jjfkbfos lgsfosf] ; jfsf] af/df ; fdbflos cskq ; DkGg ul/Psf]xf] ; fxL lgsfosf]sfofho cufl8 ; ah] bVg u/L /fVg] ul/G5 . h; n] ubf{cgudg ; ldltnf0{ ; \f/ ugkg[ljifo / ; dol; dfsf] af/df emk]emSof0/xG5 . To; } u/L k|:tfljt jbfx? cg'; f/ ; \f/sf] kxn eof]ePg egl cgudg ; ldltnf0{ ; xhstfh] klg ; do ; dodf ; Demfpg' kb5 .

पुनरावृत्ति (Repetition)

; fdbflos cskqsf] p2Zo ; jjf, ; 1jwf tyf sfo{ Dkfbgsf] :t/ ; \f/ ug{ xf] . Ps k6s ; fdbflos cskq ; Ffng ul/; s] kl5 lglZrt ; do cGt/fndf ; DjIGwt ; jjf kbfosaf6 kbfg xg] ; jjf, ; 1jwf tyf sfo{ Dkfbgsf] :t/df cfPsf] ; \f/nf0{ dfkg ug{ ; fdbflos cskqsf] k'gfjIIQ ugk5{ cyf{t bfxfIofpg' k5{ . o:tf] lg0fb ufpf jf gu/kflnsfsf] ; ef, ; jjf kbfos ; Dj4 lhDDdjjf/ ; ldlt jf gful/s ; dfh ; +yf] ug{S5 . o; /L bfxfIofpP/ ; fng ul/g] ; fdbflos cskqsf lgDg kfIyldstf xG5g\ M

➢ ljutsf] ; dbfo c:skq k|qmofsf] sfo{fhgfsf] sfof{jogsf] k|ult .

➢ cl.td dNofsg kZrft ePsf] ; Wf/x? yfxf kfpg pxL k:/fg} ; 'rsx?sf] kbfu .

➢ cl.td dNofsg kZrft ylkPsf]goff; jjfx? tyf lqmofsnfkx?sf] dNofsg .

o; /L pxL ; 'rsx?nf0{bfxfl]/Psf] rqmdf dNofsg ubf{lgDg 9ffrfsf] kbfu ugk5{M

; 'rs -ljuts}	ljutsf] dNofÍg cg'; f/ c:s	goff dNofÍg cg'; f/ c:s	kl/jtgx?÷ kltsbfx? -kfÍt ; Wf/x? kl:t't ug][/ c:s lbg'sf sf/0fx? v'nfpg]	yk sfo{ ; DjGwL ; 'emfjx?

-:jf:Yosdl{x?n] bf];|f] k6s ; fdbflos cskq sfof{jog
ug[qmddf cfkmgf] ; jjfnf0f{ :jNdNofÍg ub}cs kƒfg u/]sf] Pp6f
pbfx/0f oxff k|:t't ul/Psf] 5 . sl/a tlg dlxgfsf] cGt/fndf
; fdbflos cskqsf] k'gf/fj|Q ul/Psf] lyof] . _

; fdbflos cskq k'g/fj|Q

; fnaf; :jf:Yo rf]sl, r]gk/ wflb[a]

ldltM !% kmfu'g @)^*

; rsx?	klxn]sf] cs	clxn]sf] cs	sf/0f
b]gs pkrf/ ; jjf	*	(	lj /fdlsf] b]gs pkrf/df klxn]sf] eGbf a9L lhDdjjf/ e0f{; a} :jf:Yosdl{sf] cfkmgf] sfof{; Dkfbg ug{yfn]sf]
lgMzNs cf]jflwsf] pknAwtf	(–%	(–%	lgMzNs cf]jflw lg/Gt/ pknAw 5 .
:jf:Yosdl{sf] Jojxf/	(	(–%	; s]; Dd :jf:Yosdl{n] lj /fdlnf0f{ /fdl] Jojxf/ ug[sf]lz; u/]sf]
ef]ts k]jf]f{	*	*	
ufpB/ lSnlgs	(–%	!)	lgoldt / k0f{; ~rfng e0f/x]sf]
dlxnf :jo+ ; jjs sfof{jmd	*	(	dfl; s sfof{jmddf pkl:; yt /fdl] 5 . hgr]tgf / lzlffsf] sdlsf sf/0f k0f{; Gtfjfhgs 5g .
kl/jf/ lgof]hg sfof{jmd	&	(–%	sfof{jmd ; a]t/ k'u]sf] 5 . cf]jZos ; jjf ; j{'en
; '/Ilft dft[j ; jjf	^	(–%	; jjf lg/Gt/ / 5 . bj]hgf c–g–dl–; a]t/ j8fdf ; jjf k¥ofpg tlNng 5g\. t/cfkm] :jf:Yo rf]sldf ; jjf lng cfpg]sf] ; \/of eg] ; Gtfjfhgs 5g .
:jf:Yosdl{sf] lgoldt pkl:ylt	(	!)	:jf:Yosdl{sf] lgoldt pkl:ylt 5

सामुदायिक अंकपत्रले सामुदायिक विद्यालयमा ल्याएको सकारात्मक परिवर्तनका तीन उदाहरणहरू:

उदाहरण - १

; NofG6f/ pRr dfljsf] z]lIfs u0f:t/ ; Wf/
kl/ofhgfsf] zlif{sM ; fdflhs hjfknb]xtf cfhf/x?sf] k/LIf0f
lhNnf M wflb[a]

kl/ofhgf sfof{jog ul/Psf] :yfg M ; Wf/ ; NofG6f/ p=df=lj
36gf syf tof/ ug[tyf ; fdbflos cskqsf] cEof; stf{ M
a; Gt /f0f{

kl/ofhgf sfof{jog ug[; +yf M kf] l; les ; f]; f06L, sf7df8f+.
36gf syf tof/ ul/Psf] ldlt M (h'g @)!@

!_ hjfknb]xtf ; fdgf ul/Psf]

; NofG6f/ pRr dfljsf] :yfkgf ^! j if{ cufl8 ul/Psf] xf] .
o; cjlwdf ljBfnon] cg]ssf+ cK7'bf/fx? ; fdgf ul/; s]sf]
5 . w]/} j if{; Dd pQm ljBfno kfylds ljBfnosf] ?kdf ; ~rfng
eof] . To; kl5 IgDg dfWolds ljBfno agfOof] . t/ s}xL j if{kl5
kl/ pQm ljBfnonf0{ k[fylds ljBfnos} ?kdf emfl/of] . o;
k}sf/df ljleGg jfwfx? ; fdgf ub[rf/ j if{cufl8 dfq pQmljBfnonf0{
dfWolds ljBfno agf0Psf] / tlgj if{b]lv o; ljBfnosf ljBfylh[]
P; +Pn=; l= lb0/x}sf 5g\ .

ljBfnosf] P; +Pn=; l=sf] l/hN6 /fd} ePklg ljBfyl{ tyf cleefjsf]
ljBfnok|lt w'/} u'gf; f] /x}sf 5g\ . s}xl kdV u'gf;fx? IgDg
lnlvt /x}sf 5g\ .

- IzIfsx? ljBfnodf lgoldt gx'g]
- IzIfsx?sf] Jojxf/ ljBfyl{hf0{ b'?T; flxt ug[vfnsf] x'g]
- ; 'rgf lbg] k0ffnL kf/bzl{ ePsf]
- k[fylds txsf] z]lIfs u0f:t/ /fd[f] gePsf]
- cleefjs tyf ljBfyl{x? ljBfnok|lt u'gf; f] ug{; Sg] jftfj/0f
  gePsf] .

@_ ul/Psf] sfo{

lhNnf lzIff sfofho tyf :yfglo gj zfl(t ; dfhsf];usf]
; dGjodf pQm ljBfnodf ; fdbflos cskq sfof{jo ug{ lg0fb
ul/of] . ; '?df ljBfnon] ; lhn} :jlsf/ u/g . t/ lhNnf lzIff
sfofhosf] kq ; lxt ljBfnonf0{ cg'/fw ul/Pkl5 klc afn s'/
df/L >]7 ; fdbflos cskq sfof{jogsf] nflu ; xof[u ug{ tof/
e0g\ . sfoqmdsf] cl(td r/0f gk'u]; Dd lzIfsx?n] o; sf]
dxTjnf0{ :jlsf/ u/sf lyPgg\ . ; fdbflos cskqnf0{ klxnf]
r/0fdf ; g\ @)!@ sf] dfr{ ! b]v # ; Dd nuttf/ sfof{jog
ul/Psf] lyof] . o; sf] k'g/fj[lQ0 ; fkl jifsf] h'g $ / % df ul/Psf]
lyof] . bj}r/0fdf ; [t cfsng, sfo{; Dkfbg cskq, :jMdNofÍg
tyf cfdg|;fdg] a7snf0{ ke]fjsfl/tfsf ; fy ; ~rfng ul/Psf]
lyof] .

#_ cK7of/f] ; fdgf

; ef]ujz pQm ljBfnodf ; fdbflos cskq sfof{jogsf] s)ddf
pNn]vlgo cK7of/f] vf;} ; fdgf ug{ k//g . efuflns ?kdf
; b/dfsl' wlbªj|zlaf6 6f9f ePsfhn] lhNnf lzIff clwsf/L blk(jb|
kf(bofnn] pkl:yt x'g] jrg lbPsf] ePklg ; do lbg ; (g' ePg .
pgsf] pkl:yt] ePsf] eP ce] k]efsf/L x'g] sfo(md ; ~rfnssf]
cg'ej /Xof] .

$_ xfl; n ePsf] pknAwL

tlg} dlxgfsf] cjlwdf pQm ljBfnodf tn pNnlvt pknAwLx?
xfl; n ePsf] cyf{t kxn ul/Psf] kf0Psf] .

!= lhNnf lzIff clwsf/L blk(jb| ; 'j]bln] ljBfnosf] lgl/If0f ug{
ePsf] .

@= ; fdbflos cskqsf] klxnf] r/0f nuQ} ljBfnon] Psjif[; df/
ofhgf agfPsf]

#= ljBfyl{ tyf cleefjssf nflu ; em]fj k]l6sf /fv]sf]

$= 5fqj|Q lj t/0fnf0{ klxn]sf] eGbf kf/bzl{ agf0Psf]

%= lj Bfyl{x?sf cg'; f/ lzIfsx?sf] lj Bfyl{k|tsf] Jojxf/df ;sf/fTds kl/jtg ePsf]

^= klxn]sf] eGbf lzIfsx? lgoldt x'g u/]sf]

&= lj Bfyl{x?af6 ;'emj tyf u'gf;f] ; sngsf] nflu lj Bfyl{x?s} Pp6f ;ldlt u7g ul/Psf] .

%_ dfGotf÷egf0{

blk{Gb| ;'j'bL, lhNnf lzIff clwsf/L, wflb[a]
æd)h] of] sfo(qmd w//} k|efjsf/L kfPf . o; n] ;fdbflos lj Bfnodf c; n zf; g tyf kf/blz{tf sfod ug{ dxTjk0f{ e'ldsf v]N5 . o; n] lzIfs, lj Bfyl{ tyf cleefjsnf0{ hjfkmb)xL agfp5 .Æ ;'j'bL cufl8 eGgx'G5, æo; n] cGtdf lj Bfnosf] z]lfs u0f:t/ ;'wf/ ug{df of]ubfg u5{ .Æ

afns'df//L >]i7, k|=c ; NofG6f6f/ pRr df=lj= ; NofG6f6f// k|c= >]i7sf cg'; f/ To; lj Bfnodf ;fdbflosd cskqn] lj Bfnosf] lzlf0f ;Wf/ of]hgf agfpgsf] nflu ljleGg ;'rsx? lgdf0f ug{ ;xofu u/]sf] 5 . pxfn] eGg'eof] æxfdLn] cleefjs / lj Bfyl{sf u'gf;f] ;'Gg] dfWf kfof} . h; n] lj Bfno / lzIfssf af/]df slxNo} afNg' ePsf] lyPg . lo u'gf;f] / ;'emj lj Bfnosf nflu w//} kmf0bfhgs ePsf] 5 . xfdLn] pxf?sf u'gf;f] / ;'emj cg'; f/ ; Wf/ ug[sflz; ul//x]sf 5f}.Æ

; 1dqf s8'jfn, cleefjs

o; sfo(qmdn] xfdlnf0{/fdf] kmf0bf k¥ofPsf] 5 . xfdln]
slxNo)klg o; lj Bfnosf] cfo–Joo tyf ; DklQsf] af/]df
hfgsf/L u/f0Psf] lyPg . clxn] xfdln] lj Bfnosf] jflif(s
cfo–Joosf] af/]df hfgsf/L kfPsf 5f] . lj Bfnon] lj le(g
; Wf/sf sfo(qmdx? klg ; '? u/]sf] 5 . of] oxL ; fdbflos
c=skq sfof(ogsf] sf/0fn] ; Dej ePsf] xf] . -s8'jfnn]
; g\% h'g @)!@ df ; fdbflos c=skqsf] k'g/fjl|Q sfo(qmd
; DkGg ul/P nuQ}cfkn{gf] egf0(/fv)sL x'g\ .

h'gf sff0/fnf, lj Bfyl{sIff – !)

æo; sfo(qmdn] lj Bfnosf] lzIfsx?sf] lj Bfyl{k|t ug([
Jojxf/df Jofks kl/jt(g NofPsf] 5 . sfo(qmdkl5 pxfk?n]
lj Bfyl{x?nf0{xf}; nf lbP/ k9fpg yfNg' ePsf] 5 . h; n]
ubf{lj Bfnosf] jftfj/0f g}klxn]sf] e(bf km/s ePsf] 5 .
clxn] pxfk? lj Bfnodf lgoldt klg x'g yfNg' ePsf] 5 .
o:tf] sfo(qmdn] lj Bfnodf ; Wf/ Nofpg] /xf 5 .

उदाहरण - २

; fgf] k'/:sf/n] NofPsf] kl/j t[g

lhNnf M wg'iff
uflj; M sh/f /dfh
; +yf M hfgsL dlxnf hfu/0f ; dfh
tof/ kfg[M ljgfb sfsl{

k'/:s[t 5fq5fqx?sf ; fy lgldQ
k[wfgflWofks Zofd; 'b/ ofbj

; /sf/n] lzIffdf 7'hf] nufgL u/]klg 36bf] lj Bfyl{; ¥of oltv/] ; fj{hlgs ljBfnosf] r'gfˈtl agSsf] 5 . wg'iff lhNnfsf] sh/f /dfhndf /x]sf] hgtf /fli6o k[ylds ljBfnon] klg o:t} ; d:of nfdf] ; dob]lv eflu /x]sf] lyof] . ljBfnodf cfjZos ef]ts k'jfwf/ tyf tflnd klKt lzIfs tyf lzllsfx? xbf xb}klg ljBfyl{sf] lgoldt pkl:ytl a9fpg ; IsPsf] lyPg . hfgsL dlxnf hfu/0f ; dfh wg'iffn] ; fj{hlgsssf] lj Q Joj:yfkgdf gful/s ; nˈgtf÷Pdl8l6Pkmsf] cfly[s ; xofludf pQm ljBfnodf ; fdbflos cskq ; ~rfng u/]sf] lyof] . sfoˈmddf ljBfyl{sf] 36bf] pkl:ytlsf] af/df ; d]t Jofks 5nkmn ePsf] lyof] . pQm 5nkmnkl5 ljBfnodf ljBfyl{ l6sfpg] s'/f klg ; dbfo cs kqsf] Pp6f k[dV r/0f ; ˈQm sfoˈfhgfdf ; dfj[z ul/of]. o; sflnflu /0fglIt lgdf0f ug[lhDdjf/l ljBfno k[zf; g tyf cleefjsnf0f{ lb0Psf] lyof] .

; fdbflos cskqsf] sfof{joogl] ljBfyl{x? lgoldt x'g yfn]sf 5g\ / ljBofnosf] ; du| z]lfs ; ˈf/sf] ; ?cft ePsf] 5 .

@)&# efb| dIxgfdf k'/:sf/ kſſt ug[jfnjflnsfx?

kl/0ffd:j?k Ij Bfyl{ I6sfpg] ; fgf] t/ cyक0f{ /0fgllt tof/ ul/of] . h; cुtuſt x/|s dIxgf ;apeुbf a9l Ibg Ij Bfnodf pkl:yt x'g] Ij Bfylहf0{k'/:sf/ Ib0g] Joj:yf ul/of] . Ij Bfnon] o:fsf] nflu dfl;s ?kdf ?= !)) df Ij Bfly{sf nflu k]G; n, s6/ tyf 0/h/ h:tf Ij Bfyl{sf nflu cfjZos dxटjk0f{k"/:sf/sf]Joj:yf u¥of] . pQm k'/:sf/sf] 3f्jif0ffkkl5 Ij Bfnodf Ij Bfyl{sf] pkl:ylt a9g yfNof] . ut @)&# >fj0f dIxgfdf o:tf] k'/:sf/ kfſt ug[Ij Bfyl{sf] ; ¥of hDdf !) hgf Ij Bfyl{lyPeg] efb|dIxgfdf !* hgf Ij Bfylx?n] pQm k'/:sf/ kfſt u/] . k'/:sf/sf] Joj:yfn] Ij Bfylx?sf pkl:ylt lgoldt x'g yfNof] .

lgoldt ?kdf Ij Bfno cfP/ k'/:sf/ lht|sl slff % ls 5fqf cुhgल s'df//L dx/fn] k'/:sf/ Ibg nfuकl5 cfkmहf0f{Ij Bfno lgoldt cfpg / dksgt u/|/ k9g;f] nflu xf} nf ldn]sf] atf0g . ut dIxgf o:t}k'/:sf/ d्/f] ; fyln] lht|sf] lyof] . of] dIxgf d)h lht्kpg] elgg\ . Ij Bfnosf lgldQ k\wfgl|loffks Zofd;ुb// ofbj eG5g\ æ; fgf] k'/:sf/n] ; d]t o:tf] cyक0f kl/jtg ug{ ; Sbf] /xÆ . ælj Bfnon] yf/|} kxn ubf{ Ij Bfyl{sf] pkl:ylt j9fpg ; lsg] /x Eeुg] yfxf eofÆ pgn] yk] .

उदाहरण -३

lj Bfno Joj :yfkg ; ldlt kl/j t§

lhNnf M uf//vf
uflj; M tfGbf‍ैa
; +yf M pTkll8t dlxnf ; r]tgf ; d'x g‍]kfn
tof/ kfg] M lji0fdfof /Dt]h

; fdbflos csqksf
sf/0f lj Bfno
Joj :yfkg ; ldlt kl/
j t§ ePsf] 5 / z]lfs
; \f/sf sfo§mdx?
; ?cft ePsf 5g\ .

lhNnfsf] tfGbf‍ैa ufpF
ljsf; ; ldltdf /x]sf] >L
; /:jtl kf/ylds lj Bfnodf
u7g ePsf] lj Bfno
Joj :yfkg ; ldltsf] sfd
k]efjsf/L lyPg . lhNnfs}
csf{ lj Bfnodf sfo{/t
lzlfs kd sf0f//fnfsf]
cWolftfdf ;f] lj Bfnosf]
Joj :yfkg ; ldlt u7g ePsf]
lyof] . lzlff Pg cg'; f/
axfnjfnf lzlfsn] Joj :yfkg ; ldltsf] g]t[lj ug{
kfpb}g . lgoldt ?kdf lj Bfno Joj :yfkg ; ldltsf] a7s
klg a:g] u/]sf] lyPg . h; n] ubf{ lj Bfnosf] k7g kf7g k‍]kf
klg k]efjsf/L 9un] ;–rfng x'g ; s]sf] lyPg . u‍] sfg'gl
?kdf Joj :yfkg ; ldlt u7g ePsf] sf/0fn ubf{ ; /f]sf/jfnf
cleefjs? klg lj Bfnok‍]lt ; Gt'i6 lyPgg\ . lj Bfnosf] jflif‍s
ofhgf klg sfof§jog x'g ; s]sf] cj:yf lyPg .

; fj‍]lgs lj Q Joj :yfkgdf gful/s ; ‍hllgtf÷Pdl8l6Pkmsf] cfly‍s
; xofludf ; ~rflnt sfof§md cGtu§t lhNnfdf sfo{/t gful/s ; dfh
; +yfn] pQm lj Bfnodf ; fdflhs hjfkmb]]lxtfsf ; õGq ; fdbflos
csfq sfof§josf nflu 5gf§ u¥of] . ; fdbflos csfqsf] ljleGg
r/0fx? nfu' ug‍] qmddf lj Bfnodf u7g ePsf] Joj :yfkg ; ldlt

uY sfg'gl ePsf] / k[efjsf/L gePsf] s'/f cleefjs / cGo ; /f]sf/jfnfn] p7fPsf lyP .

; fdbflos csksqsf] cfdg]–; fdg] a]'7s r/0fdf lj Bfnodf ; Wf/sf nflu ; o'0m sfoof]hgf lgdf0f ul/of] . pQm sfoof]hgfsf] klxnf] Ph)8f g} lj Bfno Joj:yfkg ; ldltsf] k'g/u7gaf/] pNn]v ul/of] . ; fxl sfoof]hgf sfof]jjog ug]' qmddf klxnf] lj Bfno Joj:yfkg ; ldlt e'u u/L ; dfh;]jlL >l laiof' k|; fb nfld5fg]sf] cWolftfdf goff lj Bfno Joj:yfkg ; ldlt u7g ul/Psf] 5 . pQm Joj:yfkg ; ldltsf] u7g;]'} lj Bfnodf cGo ; Wf/sf kxnx? klg ePsf 5g\ . h:t]Mxfn ;]'dfj k]6sf] /fvl hg u'gf; f] x?nf0{ ; Djf]jwg ug]' cEof] e0{/x]sf] 5 .

lj Bfnosf k[wfgfWofdks >l dfxhg k[; fb k8f'; gln] eGg'eof], æo; lj Bfnodf ePsf] ; sf/fTds kl/jt'gsf sf/0f lj Bfno >f]ts;]jbafj6 cGo lj Bfnox?df klg ; fdbflos csksqsf kofbu ugk5{ eGg] vfnsf] ;]'dfj kfKt ePsf] 5 .Æ

प्रतिवेदन ढाँचा

; fdbflos cskq sfof{jogsf] k|ltj\bgsf] 9fFrf
(Reporting Format of CSC Event)

!= sfo{qmd / cfof]hs ; +yfsf] kl/ro -Ps Kof/fu|fkm_ df n]Vg]

@= kfInsf / ;]jfkbfos ; +yfsf] 5gf}& -slxn] / s; /l cyf{t s'g cfwf/df ul/Psf]_

#= kfInsf / ;]jfkbfos ; +yfsf] kl/ro Ps Kof/fu|fkm ;]jfkbfos ; +yfsf] kl/roM gfd, :yfkgf, Sofrd})6 Ifq, Joj:yfkg ; ldlt 5 5}g, slxn] u7g ePsf] xf], ljlw ; Ddt 5 5}g, ; DjlGwt kfInsfsf] pQm ;]jf ; DjlGw P|g 5 of 5}g clb hfgsf/L cflb b0f{Kof/fu|fkmdf .

#= ; fdbflos cskq sfof{jog

#=!= k/fdz{ e}}& tyf cledVls/0f -slxn], sxff s] s] ulEof], sf] sf] pkl:yt lyP_

#=@= ; f]t ; fwg cfsng tfInsf -slxn], sxff s] s] ulEof], sf] sf] pkl:yt lyP, ; f]t ; fwfg cfsng tfInsfnf0{&}an agf0f{ h:tfsf] t:t} ; nUg ug}xf] \ .

#=#= :jMdNofÍg -slxn], sxff s] s] ulEof], sf] sf] pkl:yt lyP, :jMdNofÍg cskqnf0{ &}an agf0{ h:tfsf] t:t} ; nUg ug}xf] \ .

#=$= ;]jfkbfosx?n] tof/ kf/]sf] sfo{ Dkfbg dNofÍg cskq -slxn], sxff s]s]ulEof], sf] sf]pkl:yt lyP, sfo{ Dkfbg dNofÍg cskq ; nUg ug}xf] \ .

#=%= cfdg]–; fdg] a7}s / ; o0Qm sfo{fhgf -slxn], sxff s] s] ulEof], sf] sf] pkl:yt lyP, ; o0Qm sfo{fhgf ; nUg ug}xf] , cg'dg ; ldltsf] gfdfjnL ; lxt_

$= yk hfgsf/L tyf ljZn}if0f -pk/f]Qm r/0fdf 5nkm / hfgsf/ldf cfPsf] t/ tfInsfx?df ; nUg ug{ g; lsPsf] ; fGble{s yk hfgsf/lx? a9ldf b0f{Kof/fu|fkmdf pNn]V ug]_

%= ; xefulx?sf] lj j /0f

sh ; Vof M

n}· s tyf hfthflt lj j /0f M

^= ; fdbflos csskqk'cg/fj]Q ug[sfobfhgf

-s'g lgsfodf slxn] ug[

; Gbe{ ; fdu|

- clVtof/ b'¿koflu cg'; Gwfg cfofu Plg, @)$* tyf e|i6frf/ lgjf/0f Plg, @)%(.
- Pslslt k|jlwdfkmt ; 'zf; g k|j4gdf gful/s ; xeflutf clejl4, ; '; l gkfn / cGo ; fembf/ ; ‡yfx?, @)&% df3 .
- v8\sf s|bf/, c; n zf; gsf] nflu jsfnt ; |lt ; |ufnf] @)^#, kf] klAns .
- v8\sf s|bf/, e§/f0f{ lr/~hljl, ; fdflhs hjfkmb]xtfsf @! ; ⊖Gq -; |lt k':ts_, @)^* kmfu'g .
- kqsfl/tf ljwfdf e|i6frf/lj?4sf] kbf; k|zlf0f k1:tsf, l/d]s gkfn .
- e|i6frf/ lgoGq0f ; llfKt hfgsf/ld'hs xft]k1:tsf, @)^^ c; f/ !%, gkfn ; /sf/, /fli6o ; ts{tf s§b| .
- rfdfl; s kf/bzl{ a'n]6g, jif{!) c[!, @)^& df3, 66; k/§; l 0G6/g|; gn gkfn .
- ; fdbflos cskq ; xhstf{tflnd k1:tsf (CUTS International, Jaypur, India n] tof/ kf/]sf] Tfflnd k1:tsfnf0{ gkfnldf ?kfGtl/t_ .
- ; fjhlgs ljQ Joj:yfkgdf gful/s ; nUgtf÷Pdl8l6Pkm -36gf syfx?sf] ; ufnf]_, @)!&, ; |; l gkfn .
- ljZj a|ssf] gkfndf hjfkmb]xtf ; DaGwl sfo{qmd (PRAN) . sfo{qmd ; fdbflos c^skq, ; xhstf{sf nflu xft] k1:tsf, @)&#, o'gf0ò§3 ld; g 6' gkfn .
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